

2nd Edition

Breakthrough





Student's Book

macmillan education

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Lifestyles

Focus »

daily life around the world

Grammar » simple present; adverbs of frequency

Vocabulary » everyday activities





Get talking!

Talk about the pictures with a partner.

Where are these people? How do they feel?

- How would you describe your daily life?
 - ☐ It's great! I have an easy life.
 - ☐ My life isn't easy, but it's OK.
 - ☐ I have a hard life!

Conversation

o1 Listen and read.

Raymond: Hi Diana. It's Raymond. How's life in Iowa?

Diana: Terrible! It's freezing here.

Raymond: That's too bad. The weather's great in London. I'm in Hyde Park right now! Lucky you! Anyway, why aren't you in class? It's the afternoon there, isn't it? Diana:

Raymond: Yes, but I only have class in the mornings. I'm free after lunch,

so I usually go to the park, play sports, see my friends ...

Diana: Hey, that's not fair! I always have class in the afternoons.

Raymond: Poor you. What do you do in the evening? Aren't you

free then?

Diana: No, I have a part time job. I work almost every evening.

Raymond: Sounds terrible. So, how often do you go out? Diana: Hardly ever! I never see my friends. And I ...

Raymond: Oh, sorry Diana. Can I call you back? I want to finish this

ice-cream before I play soccer!

Practice the conversation with a partner.



Vocabulary

1	Match each	phrase with	the corre	ct picture
	Match Cach	piliase with	tile corre	ct pictui

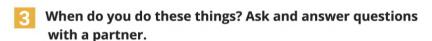
1 H skip breakfast 5 do your homework
2 make a cup of coffee 6 clean up your flat
3 go out with your friends 7 call a friend
4 check your e-mail 8 take a shower





Number the activities in the order that you do them (1–8).

get dressed	eat dinner	get home
_ wake up	go to college / work	go to bed
get up	have lunch	



I wake up at 8:00 a.m. How about you?





Real life exchange

- A: What's your favorite day of the week?
- B: Oh, I like Saturdays. I usually ¹ _____ early, and then I go out with friends. What about you?
- A: I guess I prefer Sundays. I always ² ______ in the morning, and then in the afternoon I see my family.
- B: What do you do in the evening? Do you ³ _____ cook dinner?
- A: Yes, I do. And after that I 4 ______.
- B: Do you go to bed late?
- A: 5 ______. I usually go to bed 6 _____.









Use these words to make more conversations.

Conversation 1

- 1 get up
- 2 sleep
- 3 always
- 4 call a friend
- 5 Not really
- 6 around 12:30

Conversation 2

- 1 have breakfast
- 2 clean up my room
- 3 often
- 4 do my homework
- 5 No, I don't
- 6 at 11 o'clock

Conversation 3

- 1 take a shower
- 2 watch TV
- 3 usually
- 4 check my e-mail
- 5 Hardly ever
- 6 before midnight

Grammar activities » p.102



Communication activity

Student A » p.84
Student B » p.93

In your words

With a partner, ask and answer questions about the lifestyles of these people.

A: What time does Vicky get up?

A: How often does she go out with friends?

B: She always gets up at seven thirty.

B: Twice a week.







★ Challenge!

Close your book. What can you and your partner remember about each person?

A: Vicky always gets up at seven thirty.

B: Yes, and she works five days a week.

She starts at nine and finishes at five.

Listening

- 05 Listen to Andy from Utah, U.S., talk about living and working in Shanghai, China. Answer the questions.
 - 1 What's Andy's job?
 - 2 Where in Shanghai does he live?
 - 3 Does he work on weekends?

2	os Listen again and complete the sentences.				
1	Andy often works over	hours a week.			
2	He gets up at	in the morning.			
3	He starts work at	a.m.			
3					

- 4 He always has lunch at ______.
- 5 He never works ______.
- 6 He usually ______ around the city on Sundays.



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Speaking

1 Complete the questionnaire. Then interview a partner.

A DAY IN OUR LIVES		You	You	ur partne	er //
What time do you usually get up?					
Do you always have breakfast?					
When do you have class?					
Are you sometimes late for class?					
Do you often study at night?					
Do you always do your homework?					
What time do you usually go to bed?					
How often do you	Once a month	Once a week	Two or three times a week	Every day	
cook dinner?					
clean up your room?					
phone or text your friends?					ALUVA F
check your e-mail?					MA
go to bed late?					
skip breakfast?			П		

- A: What time do you usually get up?
- B: I usually get up at six thirty.

go out with friends?

Skills expansion

Listening

Skill: Listening for times

Skill tip

When you listen for times, listen closely for words like around, before, between... and..., until, etc.

1 60 06 Listen to Carmela talk about student life in Spain. Complete the missing times.

Classes: between (can la	
Siesta – stores close until	
After 5 p.m. people go shopping go to Plaza Mayor (coffee / cha	/ look around the markets / at with friends).
Dinner: hardly ever before	p.m.
People usually go out around	(meet friends in bars).
People often go to nightclubs are until in the morn	



- 2 6 Listen again. Who do you think she is speaking to?
 - ☐ her friends and family
- ☐ students
- □ teachers

1 Before you watch, read this summary of Annie's typical day as a student at NYU.

Annie wakes up at 7 a.m. She has class from around 9:00 or 9:30 until about noon. In the afternoons she works in the library for a couple of hours. After dinner, she does her homework. She goes to bed at around 10:00 or 10:30 at night.

- 2 Watch the video. Find three mistakes in the summary.
- **3** Watch again. Circle the correct answers.
 - 1 Annie takes a shower in the *morning / evening*.
 - 2 She studies economics / philosophy at NYU.
 - 3 She usually phones her family / friends in the evening.
 - 4 She is / is not a native New Yorker.
 - 5 She *always / sometimes* studies on Saturdays and Sundays.
- 4 Is your typical day similar to Annie's? Tell a partner.

Viewing





Video vocabulary

a couple of (n.) two, a small number of schedule (n.) routine typical (adj.) usual, normal

Reading

Skill: Scanning

Skill tip

Scanning means quickly reading the text to find specific information. Don't read every word!

×



"My name is Jane, but here in Accra, the capital of Ghana, people call me Ama. I live with a woman called Lizzie and her five children. I teach English at a local school four days a week. Daily life here is very different to my hometown of Newcastle in England. Everyone gets up when the sun rises, at around 5 a.m. We have breakfast outside at



around 6 a.m. We use our hands to eat.
Then I walk to school. I teach from 8 a.m.
to midday. When I get home, I help the children
feed the rabbits and chickens. Sometimes we
have rabbit for dinner!

About three times a week in the afternoon, I visit the market to buy fruit and vegetables. I can check my e-mail in a small shop, too, and talk with friends. When I get home I usually read a book. Lizzie spends all afternoon cooking dinner outside and talking with friends. I sometimes help the children do their homework, and then we sit outside and have dinner together. After dinner we always watch TV.

The sun goes down very quickly here. We all go to bed at nine o'clock. On weekends I often take a minibus to the center of town, and I sometimes go to the ocean."

A

C A

1 07 Read the web page and find out what Jane does ...

- 1 at five o'clock in the morning.
- 2 around 6 a.m.

- 3 three times a week.
- 4 after dinner.

- 5 at 9 p.m.
- 6 on weekends.

2 Answer the questions.

- 1 How many people does Jane live with?
- 2 How often does she go to school to teach?
- 3 What nationality is she?
- 4 How does she get to school?
- 5 When does she help the children do their homework?
- 6 Where do they have breakfast and dinner?

Writing

Write about your daily life. Look at the Study guide to help you.

On weekdays I always get up at 6 a.m., and then I ...

Study guide 😯

Writing about your daily life

- 1 What do you do on a typical weekday? Make a list.
 - get up at 6 a.m. / take a train / have class
- 2 Add some extra activities.

 On Tuesday afternoons I ...

 After dinner I sometimes ...

 Twice a week I ...
- 3 Think about weekends. What do you do? Saturdays – usually go out with friends Sundays – clean up my room

Leisure

Focus Grammar

things people do in their free time simple present and present continuous; like/love/hate ... -ing Vocabulary sports and leisure activities





Get talking!

Talk about the pictures with a partner.

Where are these people? How do they feel?

- Do you have a lot of leisure time?
- ☐ Yes, and I always do a lot of fun things!
- I guess so, but I usually don't do anything special.
- Not really. I work hard, so I don't have a lot of leisure time.

Conversation

D 08 Listen and read.

Robert: I really like this game, Todd. Look – I'm winning!

Todd: I know. You're playing really well.

Robert: Thanks. I'm lucky, that's all ... Oh no, what's happening?

Todd: Ha! You're going the wrong way. Game over! **Robert:** Oh well. I need to go anyway. It's getting late. Todd: What? Don't you want to play anymore?

Robert: Sure. I love video games, but I always do homework on Sunday

afternoons.

Todd: You can stay up late tonight and do it.

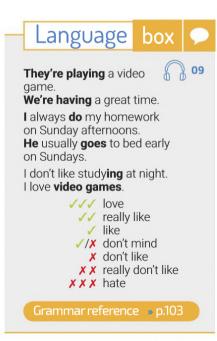
Robert: Hmm ... I don't know. I don't like studying at night.

I usually go to bed early on Sundays.

Todd: Oh, come on! We're having a great time. How about one more game?

Robert: Hmm ... OK. Maybe just ten more minutes!

Practice the conversation with a partner.



Vocabulary

1 Match each activity with a picture.

- 4 ___ go to a karaoke bar 8 ___ cook a meal

Write have, go or play next to each word or phrase.

1	jogging	4	badminton
2	baseball	5	a picnic
3	to a nightclub	6	to a party

- Ask and answer questions with a partner.
 - A: Do you like basketball?
 - B: Sure. I usually play basketball twice a week with my friend Julia.

Real life exchange

- A: Hi there. It's me. Are you doing anything special?B: Not really. I'm 1 _______. I hate Sunday afternoons.
- I never do anything exciting. What about you? A: I'm ² _____ with some friends.
- B: Really? I love ³ _____
- A: Great, so come over. And on Sunday evenings I usually go ⁴ ______. Do you want to come with me tonight?
- B: Sure! I really like ⁵ _____. Thanks a lot.
- A: OK then. See you soon!

Use these words to make more conversations.

Conversation 1

- 1 watching TV
- 2 playing a video game
- 3 video games
- 4 to a karaoke bar
- 5 singing

Conversation 2

- 1 listening to music
- 2 having a picnic
- 3 picnics
- 4 to a nightclub
- 5 dancing

Conversation 3

- 1 reading a magazine
- 2 playing basketball
- 3 basketball
- 4 out to eat
- 5 going to restaurants

















Communication activity

Student A » p.85

Student B » p.94

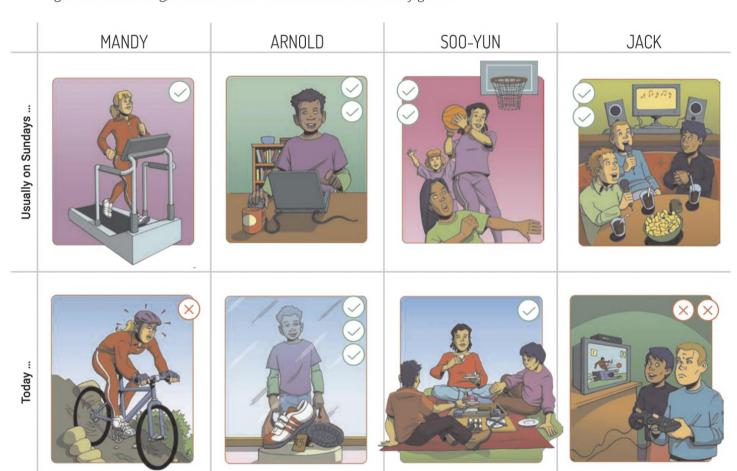
Grammar activities » p.103



In your words

With a partner, talk about these people. What do they usually do on Sundays? What are they doing today? Do they like doing these things?

Mandy usually goes to the fitness center on Sundays. She likes going to the fitness center. Right now she's biking, but she doesn't like it because she's not very good.



★ Challenge!

Ask questions to test your partner's memory!

A: Who usually surfs the net on Sundays?

B: Arnold. He really likes going online.

A: What's he doing now?

B: He's shopping. He loves shopping for shoes.