

Breakthrough PLUS





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Focus » Grammar » Strategy »

personal achievements past tenses: simple past and past continuous, present perfect simple and continuous Vocabulary » verb-noun collocations; word formation (1) exclamations



Get talking!

1 Discuss the pictures with a partner. Who are these people? Where are they? What's happening?

2 What qualities does a person need to be successful? With your partner, continue the list.

A successful person needs to be: determined, hard-working ...

Conversation

D O I Listen and read. 1

Stephanie: Actually, I have. I've won the Citizenship Award, for community work. Was for. Melissa: Oh, I was wondering what that was for. I've never heard of it. Grammar reference > p.102	ard
Melissa: Oh, I was wondering what that was for. I've never heard of it.	r.
Stephanie: It's for helping other people. I've been working hard all year,	
teaching kids in my free time.	
Melissa: Hmm. How, er, special. Well, I've won the Outstanding Young Alumnus Award!	
Stephanie: Really? What did you get that for? Being outstandingly selfish?	
Melissa: Very funny. No, I started my own company after graduation. Actually, it's been going very well.	
I'm a millionaire now, you know!	
Stephanie: No, I didn't know that.	
Melissa: It's so important to recognize real achievement, don't you think? — ★ Challenge! —	
Stephanie: Yes, I agree, but being successful doesn't just mean making a lot of Do you think success alv	vays
money. makes people happier? Tell your partner.	,



anguage

company after graduation.

I started my own

box

oz

2 Practice the conversation with a partner.

Vocabulary



Complete the text using these verbs.

cope with do make

-		
To ¹	well in life, you need to ²	determination. You have to ³
setbacks, ar	nd learn that everything you do can ⁴	a difference. It's not easy, but you can
5	against the odds if you believe in yours	elf.

show

Complete the phrases using these verbs. 2

	achieve	make	overcome	take	win	
1		a pr	rize / an award	/ a comp	etition	
2	<u> </u>	diffi	iculties / your fe	ears / a pr	roblem	
3	3	pro	gress / a sacrifi	ce / a pro	ofit	

- 3 Choose a verb from exercise 1 or 2. Work with a partner. Can your partner remember any matching words or phrases?
 - A: Overcome B: Er ... a problem

Real life exchange

Before you listen, complete the conversation using the correct past tenses. Work with a partner.

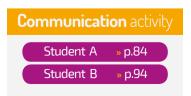
- A: So, what's your greatest achievement so far in life?
- B: Well, I¹ _____ any awards or anything, I'm afraid.
- A: No, but you ² ______ well on your final exams last year, didn't you?
- B: I guess so. And I³ _____ hard since then, in my new job.
- A: See? You ⁴ _____ quite a few things really.
- B: Hmm. Actually, I⁵ ______ about taking a vacation.
- A: Ah! So that's what you ⁶ ______ in the travel agency when I ⁷ ______ you yesterday!

2 Isten and check. Then practice the conversation with your partner.

Strategy: Exclamations



	Ah!	Huh?	Ouch!	Phew!	Shh!	Ugh!	Wow!
1		What	a relief.	5		This ta	astes awful.
2		That	hurts.	6		What	did you say?
3		That's	s amazing.	7		Now I	understand.
4		Pleas	e be quiet.				
2		4 Listen a	and check.	Then prac	tice the	exclama	tions with a _l



artner.

Grammar activities » p.102 (**6 b** 05 Pronunciation » p.122

In your words

Congratulations! You are a successful language learner. Ask and answer these questions with a partner.

How long have you been learning English? What do you enjoy most about studying English? What do you find most difficult? What problems have you overcome to reach this level? How has learning English helped you in your life? Have you been doing anything recently to improve your English? Have you ever been to an English-speaking country? Can you speak any other languages?



2 Write notes about something you have achieved (for example, passing your driving test). Tell your partner about this achievement.

Something that I've achieved that's important to me is passing my driving test. It was last year and ...

Something I've achieved	
What was it?	
When was it?	
Details:	
How did you feel at the time?	
How has this achievement changed your life?	

3 Write a sentence about a success you enjoyed. It can be true or false. Then make a group and tell your classmates. They must ask questions and decide if your story is true or false.

- A: When I was 14, I won a national tennis competition.
- B: Really? Where was that?
- C: How long have you been playing tennis?

★ Challenge!

Is there anything that you haven't achieved yet, but would really like to achieve in the future? Tell your partner.

One day I'd really like to see the pyramids / be a professional baseball player ...

Listening

6 Listen to Harriet, from the U.S., talk about achieving an ambition. Answer the questions.

- 1 What has she been doing for the past year?
- 2 Does she think it's been a successful year?

2 6 Listen again and answer the questions.

- 1 Where did she visit first?
- 2 How many countries has she been to so far?
- 3 What was she doing when she hurt her ankle?
- 4 What's the biggest fear she has overcome?
- 5 What two sacrifices has she made?

Speaking

1 Complete each statement with the name of someone famous, or someone you know personally. Make notes, then tell a partner.

Think of someone who ...

 has won an important award or prize.
 made a lot of sacrifices to become successful.
 has really made a difference to other people's lives.
 had to cope with several setbacks before he or she achieved success.
 has been trying hard to be successful, but hasn't made it yet.
 was successful once, but isn't anymore.

2 Make a group. Ask and answer these questions with your classmates.

- Who is the most successful person you know?
- How important to you is it to be successful?
- Which of your ambitions have you achieved so far?
- How do you cope with setbacks and problems?

★ Challenge!

Complete this sentence in three different ways. Then make a group and discuss your ideas. Success is ...



Notes

Skills expansion

Listening

Skills tip

As you listen, try to notice any common themes or ideas and ask yourself what underlying message the speaker is trying to express.

Skill: Understanding the main idea

6 3 07 Listen to four people answer a different question. Write the number of each question (1–4) next to the correct person.

- 1 What has been your greatest achievement so far?
- 2 What does success mean to you?
- 3 What's your greatest ambition?
- 4 What's the biggest problem you've ever overcome?

2 6 07 Listen again. Note the key words and phrases that help you identify each topic.

★ Challenge!

Ask and answer the questions (1-4) with a partner.





Celine

Andrea



Howard

Lee



Before you watch, discuss with a partner the advantages and disadvantages of traveling abroad with friends.

Watch the video. Jake is talking about a trip to Europe. Answer the questions.

- 1 How long did Jake travel around Europe for?
- 2 How many people went on the trip?
- 3 How many places did they visit?
- 4 What problem does he mention?
- 5 Why would Jake recommend traveling to Europe?

3 Watch again. Write T (true), F (false), or N (not in text) for each statement.

- 1 ____ Going to Europe was a long-time ambition for Jake.
- 2 ____ Sometimes he found it difficult to communicate.
- 3 _____ The problem he mentions occurred in Poland.
- 4 _____ He thinks this kind of trip is not suitable for everyone.
- 5 _____ He plans to go back to Europe very shortly.

4 Have you ever taken a trip abroad with friends? Would you like to travel around Europe? Tell a partner.



Viewing

Video vocabulary

entire (*adj.*) whole, complete in a heartbeat (*phr.*) almost immediately, without hesitation literally (*adv.*) actually, really (for emphasis) turn (your ankle) (*v.*) to twist or sprain (your ankle) understanding (*adj.*) sympathetic, willing to forgive

Reading

Skills

tip

Skill: Scanning

Before they were famous



They might have found success, fame and fortune now, but did you know Tom Cruise was delivering newspapers before he was an actor, and Madonna was working at Dunkin' Donuts? Even famous designer Ralph Lauren started as a salesman, selling gloves. Read on and find out what some more of today's big names were doing before they were successful.

Scanning means quickly finding information in a text. Always check what information you need to find **before** you start reading. While you read, look only for the information you want to find.

Today, she is perhaps one of the most famous and talented actresses in the world ... but when her mother was diagnosed with breast cancer, **Nicole Kidman** temporarily dropped out of school. At the age of 17 she was working as a massage therapist to help support her family.

Have you heard of Dell Computers? Hard-working owner **Michael Dell** is now a multibillionaire, but at 12 he was washing dishes in a Chinese restaurant for \$2.30 per hour, and at 16 he was selling newspapers.

Scottish singer **Susan Boyle** shot to fame after appearing in the TV show *Britain's Got Talent* in 2009. Her first performance quickly became an online sensation, and was viewed over 120 million times. The song she sang reached number one in 28 countries. Since then 'SuBo' has toured around the world, but before she found success she was unemployed, and worked as a volunteer for a local charity.

Oprah Winfrey came from a very poor family and had an incredibly tough childhood. Her first job was working in a grocery store. While still at high school, she started work as a news reader for a local radio station. Today, she is a multibillionaire, and one of the most successful and famous women of all time. In 2013, she was given the highest civilian honor in the USA: the Presidential Medal of Freedom.

1 🞧 08 Read the celebrity magazine article to find who ...

- 1 once worked in a Chinese restaurant.
- 2 became a star with help from the internet.
- 3 worked as a teenager because a family member was sick.
- 4 sold fruit and vegetables.
- 5 has won a medal.

- 6 has been working hard since a very early age.
- 7 used to sell items of clothing.
- 8 worked in the restaurant industry.
- 9 used to deliver newspapers.
- 10 was an unpaid helper for an aid organization.

2 Find three things Oprah Winfrey and Michael Dell have in common.

Close your book. What can you remember? Tell a partner.

Oprah Winfrey used to work in a grocery store.

Writing

Write about someone you admire. Choose someone famous or someone you know. Look at the Study guide to help you.

Someone I admire is my mother. I think she's ...

- Writing about someone you admire
- 1 Think of someone you admire. my mother / my best friend / Nowac Djoković

Studv

guide

- 2 Say why you admire this person. hard-working / very supportive / famous
- 3 Say why you think this person is successful. happy and healthy / has a good job / has won a lot of competitions



Difficult decisions

 Focus »
 making difficult decisions

 Grammar »
 zero, first and second conditionals

 Vocabulary »
 -ed/-ing adjectives; adverb clauses

 Strategy »
 expressing opinions



Get talking!

- **1 Discuss the pictures with a partner.** What can you see? How do these people feel?
- 2 When you have a problem, do you discuss it with your friends or your family? Who do you go to most often for advice? Tell your partner.

Conversation



If I have a problem, I always **ask** my friend for advice.

If you **ask** him, he**'ll help** you. If I don't do anything, nothing **will happen**.

If you explained the situation, he'd understand.

Grammar reference » p.103

★ Challenge!

What do you think of Helen's advice? Would you ask your employer for a pay raise?

- 1 🗈 🎧 📭 Listen and read.
 - Robert: You know that if I have a problem, I always ask you for advice.
 - Helen: Yes. What is it this time?
 - **Robert:** It's about my job at the bank. I've been working there for three years now, and I haven't had a promotion. Not even a pay raise. I'm really disappointed.
 - Helen: Well, times are hard, you know. It's probably the same for everybody.
 - Robert: No, at least two people in my department have had a promotion this year.
 - Helen: Well, maybe you're just not very good at your job!
 - Robert: Hey, that's not fair. I work really hard.
 - Helen: Yes, yes. I know. I was only joking. Do you get along well with your boss?
 - Robert: Who, Tony? Yes, he's great.
 - Helen: So why don't you speak to him about it? I'm sure if you explained the situation, he'd understand.
 - Robert: I suppose I could do that. It's not really his decision though.
 - Helen: No, but if you ask him, he'll help you. He can contact whoever is responsible.

Robert: Hmm. Yes. Maybe you're right. I guess if I don't do anything, nothing will happen.

2 Practice the conversation with a partner.

Vocabulary

Complete the text using an *-ed* or *-ing* adjective formed from these verbs.

astonish embarrass irritate reassure satisfy

A long time ago I decided not to have a cell phone. People are always ¹ ______ if I tell them, and I know some of my friends find it ² ______ because they can't contact me easily. However, I am ³ ______ I made the right decision. I don't feel ⁴ ______ because I don't have a cell phone. I honestly feel my life is better without one. Anyway, isn't it ⁵ ______ to know that life without a cell phone is possible?

2 Circle the correct adjectives. Then ask and answer the questions with a partner.

- 1 Who is the most *amused / amusing* person you know?
- 2 When you think of the future, what makes you most *worried / worrying*?
- 4 What's the most *terrified / terrifying* experience you've had?
- 5 What types of movie are you *interested / interesting* in?
- 3 When was the last time you felt *exhausted / exhausting*?

3 Make statements using *-ed* or *-ing* adjectives from these verbs.

annoy depress disappoint discourage fascinate frustrate

I get annoyed when my train is late.

Real life exchange

Before you listen, complete the conversation using verbs in the first or second conditional. Work with a partner.

- A: So, did you decide what to do after you graduate from college?
- B: No. If I¹ _____ for a job soon, it ² _____ too late.
- A: Well, there's nothing wrong with taking your time.
- B: That's true. Maybe if I ³ ______ some money, I ⁴ _____ on vacation.
- A: Good idea. But it ⁵ _____ better if you ⁶ _____ a job first.

2 b 1 Listen and check. Then practice the conversation with your partner.

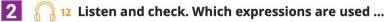
Strategy: Expressing opinions

 Complete the expressions using these words.

 ask
 at all
 concerned
 point
 right
 totally

 1
 As far as I'm ______ ...
 4
 I don't agree ______

- 2 I agree with you up to a _____. 5 I _____ agree.
- 3 I think you're _____.
 6 If you _____ me ...



- 1 to give your opinion? 2 to disagree? 3 to agree? 4 to partly agree?
- **3** Make a group and discuss this question. Use the expressions above. If you had children, would you control their access to the internet?

Communication activity

