

CUTTING EDGE

THIRD EDITION

UPPER INTERMEDIATE

WORKBOOK

WITH KEY



JANE COMYNS CARR FRANCES EALES
AND DAMIAN WILLIAMS

ALWAYS LEARNING

PEARSON

CUTTING EDGE

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WORKBOOK

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JANE COMYNS CARR FRANCES EALES
AND DAMIAN WILLIAMS

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Language focus 1

Past and present verb forms

1a Match sentence beginnings A with endings B.

- | | |
|--|--|
| <p>A</p> <ol style="list-style-type: none"> 1 Vicki's a marketing manager, and 2 When I got home last night 3 Ben <i>was feeling</i> sorry for himself because 4 My sister's <i>trying</i> to 5 I <i>haven't been</i> to a football match for ages, 6 They've <i>been</i> in this class 7 I'm <i>thinking about studying</i> 8 When I was young, Dad <i>used to do</i> the shopping | <p>B</p> <ol style="list-style-type: none"> a he'd <i>just split up</i> with his girlfriend. b abroad next year. c she spends a lot of time <i>sitting</i> in meetings. d since last term. e and Mum did the cooking. f not since England beat Germany. g my flatmate <i>had cooked</i> me dinner! h learn Greek at the moment. |
|--|--|

b Complete the sentences so they are true for you.

- 1 I'm a _____ and I spend a lot of time _____.
- 2 When I got home last night _____.
- 3 This time last year / month / week, I was feeling _____ because I'd/I hadn't _____.
- 4 At the moment, I'm _____.
- 5 I haven't _____ for a long time.
- 6 I've _____ since _____.
- 7 I'm thinking about _____.
- 8 When I was young, _____.

2 Write complete sentences, using the correct Present simple or continuous form and making any other necessary changes.

- 1 I / organise / a party for Clare's birthday. Who / you / think / I should invite?
I'm organising a party for Clare's birthday. Who do you think I should invite?
- 2 What / you / cook? It / smell / wonderful!

- 3 A lot / people / believe / he's very talented but / I / not agree.

- 4 A: Why / you / be / so friendly today?

- B: I'm just / a good mood!

- 5 You / know / Ken? He / be / very interesting. He / work / at the Science Museum.

- 6 I / read / this great book. It / be / about growing up during the 1960s.

3 In this extract from a soap opera script, complete the gaps with the Past simple or Past continuous form of the verbs in the box.

.....
 come happen just discuss just try
 not tell stop talk think

Duncan and Tessa are talking. Carla comes in and Duncan and Tessa immediately stop. They look guilty. Duncan gets up to go.

Duncan: Hi, Carla. Is that the time? I've got to go. Bye.

Carla: Bye. (looks suspiciously at Tessa) Hi, Tessa. What ¹*were you talking* about when I ²_____ in?

Tessa: Oh, nothing!

Carla: Then why ³_____ ? Come on, tell me.

Tessa: OK. We ⁴_____ Graham's new girlfriend.

Carla: (sitting down suddenly) New girlfriend? When ⁵_____ this _____ ?

Tessa: A few weeks ago.

Carla: Why ⁶_____ me?

Tessa: We ⁷_____ you'd be upset. We ⁸_____ to spare your feelings.

Carla: You'd better tell me all about it.

Tessa: OK. Look, would you like a drink first?

4 Tick the correct ending.

- I've been to the Pompidou Centre twice
 - while I was in Paris.
 - so I don't really want to go there again. ✓
- Denise and Adam have been married for five years
 - and they were very happy.
 - and they're very happy.
- I lost my car keys –
 - I can't find them anywhere.
 - I couldn't find them anywhere.
- How long have you lived on your own
 - in this flat?
 - before you met Lisa?
- Steve's been very depressed
 - last week.
 - all week.
- John worked for the company for ten years
 - and we're sorry that he's leaving.
 - and we were sorry when he left.

5 Circle the correct verb form.

- The teacher *wasn't believing* / *didn't believe* Jack's story about the dog eating his homework.
- Can you smell* / *Are you smelling* burning?
- I *don't remember* / *'m not remembering* where I met Hassan.
- I love this colour. What *are you thinking* / *do you think*?
- Shona *isn't owning* / *doesn't own* her flat, she rents it.
- Can I call you back later? I *'m having* / *have* an English lesson at the moment.
- What's that noise coming from downstairs? Something *is seeming* / *seems* strange to me.
- I *don't like* / *'m not liking* the way they're looking at us.

6 Correct the mistakes. There is one mistake in each sentence.

- started*
- Liam ~~used to start~~ his first job when he was 18.
 - I used to be late for work twice last week.
 - Chloe didn't used to be afraid of flying, but she is now.
 - I used to be hating broccoli when I was little, but now I love it!
 - What's happened to Ben and Mila? They've never used to fight like that.
 - What games used you to play when you were younger?
 - Last weekend I used to go out with my friends.
 - Before I moved here, I had used to live in Ohio.

7 Complete the sentences with the Past simple or Past perfect form of the verb in brackets.

- Paul failed his driving test because he *hadn't practised* (practise) enough.
- When Jess _____ (see) the car, she couldn't believe Alex had paid so much for it.
- I was feeling a bit upset because I _____ (hear) some bad news about my brother.
- By the time he was 13, Mozart _____ (write) many symphonies.
- I hadn't revised for the exam, so I _____ (not know) what to write.
- Mrs Reynolds _____ (forget) to lock the door and when she came back her house had been burgled.
- I thought I _____ (leave) the report on my desk, but I couldn't find it anywhere.
- When Pierre started watching the film, he realised he _____ (already see) it.

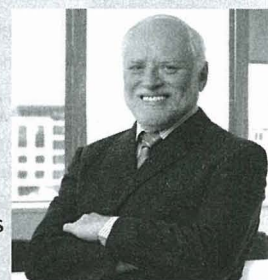
8 Complete the gaps with the correct form of the verb in brackets.

Child prodigy

Eleven-year-old Nigel Matsuchek *'has become* (become) the youngest person ever to be accepted at Oxford University. He ² _____ (celebrate) with his family yesterday after he ³ _____ (get) a letter offering him a place to study physics. 'When he heard the post arrive, he ⁴ _____ (go) to check it,' explained his mother, 'and when we heard him shout "Yes!" we knew he ⁵ _____ (receive) the news he wanted. He ⁶ _____ (work) so hard over the last few years and it's what he really wants to do. We ⁷ _____ (be) so proud of him.'

Jackie Lane: Live Tonight!

'My next guest ⁸ _____ (never have) any problems with getting what he wanted. When he first came to the United States he ⁹ _____ (not have) any money and he ¹⁰ _____ (work) in a factory during the day and at a nightclub at night to support his family. Now he ¹¹ _____ (become) one of the richest people in the world. Between 1997 and 2004, while he ¹² _____ (live) in Florida, he ¹³ _____ (manage) two hugely successful e-businesses and he ¹⁴ _____ (just write) a best-selling book: *Ten Steps to Success*. This week, he ¹⁵ _____ (visit) his business school in Chicago and tonight he ¹⁶ _____ (spend) an evening with us. Ladies and gentlemen, please welcome Simon Bach!



Listen and read

A date with disaster?

9a 1.1 Listen to and/or read the stories and decide who had the worst experience.

b Listen and/or read again and choose the correct name: Celine, Rodrigo, Robert or Claire.

1 Who had a date by the sea?

Celine and Rodrigo

2 Who had known the other person for some time before the date?

3 Who wanted to impress the person they dated?

4 Who was much older than the person they dated?

5 Who had an accident?

6 Who was embarrassed by the other person's behaviour?

7 Whose date was very expensive?

8 Who went out with the person again?

Vocabulary

Relationships

10 Choose the correct option to complete each sentence.

1 I've always been very close _____ my sister. We do lots of things together.

a with **b to** c of

2 Natalie wasn't enjoying her job after she fell _____ with her boss.

a out b off c on

3 Don't listen to them, they're jealous _____ your success.

a of b about c from

4 Do you get _____ with your cousins?

a about b of c on

5 I hate being around Owen and Liz. They're always putting each other _____.

a on b down c around

6 Josh had always been loyal _____ his friend, even when other people didn't believe him.

a to b on c with

7 Will always felt threatened _____ his brother's musical abilities.

a from b with c by

8 Even as young boys, Mark and Chris would always compete _____ each other.

a with b at c by

A date with disaster?

Have you ever been on a first date with someone you really liked and found that it turned into a disaster before your very eyes? We interviewed two people who have had just this experience.

Celine: The worst first date I've ever had was while I was on holiday in Majorca. I must have been about eighteen, and I met this gorgeous Spanish waiter, Rodrigo. He was a good ten years older than me and had dark brown eyes and black curly hair. Well, after we'd had a few drinks in a local bar, he suggested going for a romantic walk along the beach. Things seemed to be going quite well, even though we didn't have much in common. Then we walked past a couple of guys who were standing at the water's edge talking. When they looked across at us, Rodrigo stared at them aggressively. He asked them what their problem was,

and what they were looking at. They hadn't even been looking at us before that, but he started arguing with them. His behaviour was a real turn-off and made me uncomfortable. I felt so ashamed that I just walked away. I never dated Rodrigo again, as you can imagine.

Robert: She was someone I knew from school and I'd always really fancied her. I had just got a new motorbike, a Suzuki 250, which I was really proud of. So anyway, one Saturday afternoon, I asked her to come out for a ride and we went up to a disused airfield a few kilometres away. There was no one else around, so I started driving with one

wheel in the air and going really fast. Claire said she loved it and could she have a go at riding it. I couldn't see why not - but how wrong can you be?

Once she'd managed to start it and stay upright, she suddenly got a bit over-confident and zoomed off at top speed towards some trees. As I started running after her, I could see that she was losing control of the bike, and a minute later - bang! She went straight into a tree. Claire was a bit shocked and bruised, but my beautiful Suzuki was a wreck and cost me a fortune to repair. We did see each other again, but from then on we stuck to public transport.



Celine, 27, Hairdresser.



Robert Buckley, 24, Fitness Instructor.

Vocabulary

Friendship

- 11 Replace the phrases in bold with the correct form of a word/phrase in the box.

behind her back confide in ~~fun to be with~~
gossip keep his / her / their / your promises
lie tell the truth trust

- You're going to love Christie, she's really **lively and makes you have a good time**. fun to be with
- Don't **say something false** to me, I know where you went last night! _____
- It felt good knowing he always had someone to **tell his secrets to**. _____
- I can't **believe in** Emma any more, not after what she did. _____
- You shouldn't talk about her **without her knowing** like that. She's not here to defend herself.

- Harry felt much better after he'd **said** to his girlfriend **what actually happened**.

- My parents always **did what they said they were going to do** when I was younger.

- You don't know if that's true, it's just **something that may or may not be true**.

Language focus 2

Uses of auxiliary verbs

- 12 Match beginnings A with endings B, then add the auxiliary *do* to give more emphasis.

A

- Come to the party. e
- Ben looks well. _____
- I hate it _____
- We didn't like the hotel, _____
- I like fish generally, _____

B

- when people are late for meetings.
- but I don't like it raw.
- but we enjoyed the tours.
- Has he been on holiday?
- I'm sure you'll enjoy it.

- Do come to the party. I'm sure you'll enjoy it.
- _____
- _____
- _____
- _____

- 13 Write questions using an auxiliary verb. Then choose a follow-up phrase from the box.

~~Neither do I.~~ How long has she had it? I don't.
I hope he enjoys it. It's OK, I've got some chicken.
Why not?

- I don't really like jazz.
Neither do I.
- My sister Stefania's got a Yamaha.

- I'm not going to buy that house after all.

- Jack's never been to a football match before.

- I agree with Tim.

- There wasn't any fresh salmon left in the shop.

- 14 Cross out unnecessary words and add auxiliary verbs if necessary to make the conversations more natural.

- A: Do they accept credit cards on the underground?
B: Well, yes they ^{do} ~~accept credit cards on the underground~~, but only for amounts over £10.
- A: The children have been skating before, haven't they?
B: Well, John has been skating before, but Trevor and Ann haven't been skating before.
- A: You're not going to leave the company, are you?
B: Yes, I am going to leave the company, actually.
- A: Does the flight stop over at Vancouver?
B: Yes, it stops over at Vancouver for two hours.
- A: Has the school got a website?
B: I think it has got a website, but I'll check for you.
- A: Was it snowing when your plane landed?
B: No, it wasn't snowing when my plane landed, but it was very cold.

Pronunciation

Stressed and unstressed auxiliary verbs

✓ 15a Look at the conversations below and decide if the auxiliary verb underlined is stressed (S) or unstressed (U).

- 1 A: How do you feel today? U
 B: Much better, thanks.
- 2 A: Do you love me? —
 B: Of course I do. —
- 3 A: I don't believe it! Chelsea are losing! —
 B: Are they? I thought they'd win this easily! —
- 4 A: She doesn't like me, does she? —
 B: Yes she does, don't be silly. —
- 5 A: Trudi's not a very good singer. —
 B: Yes she is! How can you say that? —
- 6 A: You're not listening to me, love. —
 B: I am listening to you! —

b 1.2 Listen and check.

Wordspot

get

✓ 16 Circle the correct form of *get* and complete the gaps with the words in the box.

angry flight job message over
 presents tired work

- 1 I'd like **getting / get / (to get)** a better *job* _____ with a higher salary.
- 2 I **got / 'm getting / have got** the early _____ from London to New York yesterday.
- 3 Sometimes my husband **gets / is getting / was getting** so _____ he can't keep his eyes open.
- 4 The children never **get / used to get / are getting** many _____ on their birthdays because we couldn't afford much.
- 5 **Do you get / Did you get / Were you getting** the _____ I left on your answerphone?
- 6 I **got / was getting / get** to _____ very late this morning, so my boss wasn't pleased.
- 7 A: How are you?
 B: Much better, thanks. I think I **got / get / 've got** _____ my cold now.
- 8 My brother **had got / was getting / got** _____ when I told him I couldn't help him.

Language live

Responding to how people feel

✓ 17a Insert a word from the box into each response below.

any down how ignore matter
~~mind~~ must no to sounds up

- 1 A: I'm sorry! I've spilt my coffee all over your tablecloth.
 B: Never *mind*. It's easily washable.
- 2 A: I can't stop thinking about Helen's operation.
 B: Try not worry about it. There's nothing you can do.
- 3 A: The kids at school keep laughing at my hair.
 B: Don't take notice of them.
- 4 A: I think my boss heard me saying that he annoys me.
 B: He probably didn't hear you. There's point in getting upset about it.
- 5 A: I've got to have four teeth out tomorrow.
 B: That awful!
- 6 A: My son is going into hospital for tests next week.
 B: You be really worried.
- 7 A: I can't believe we're not going to have you as our teacher any more.
 B: Cheer! Your new teacher's really nice.
- 8 A: I just can't do it! I'm too nervous! Someone else will have to give the speech.
 B: Calm! You'll be fine.
- 9 A: Andy said my dress makes me look fat!
 B: Just him. You look perfect!
- 10 A: Our car won't be ready until the weekend.
 B: Annoying!
- 11 A: I'm so sorry. I completely forgot to bring that book you wanted to borrow.
 B: Don't worry, it doesn't.
- 12 A: The date was going really well, until he started telling me about his political views.
 B: What shame! I guess you won't be seeing him again, then.

b 1.3 Listen and check.

Writing

Planning and drafting a biography

- ✓ 18a Match the beginnings in A with the endings in B to make phrases from a biography of a novelist.

A

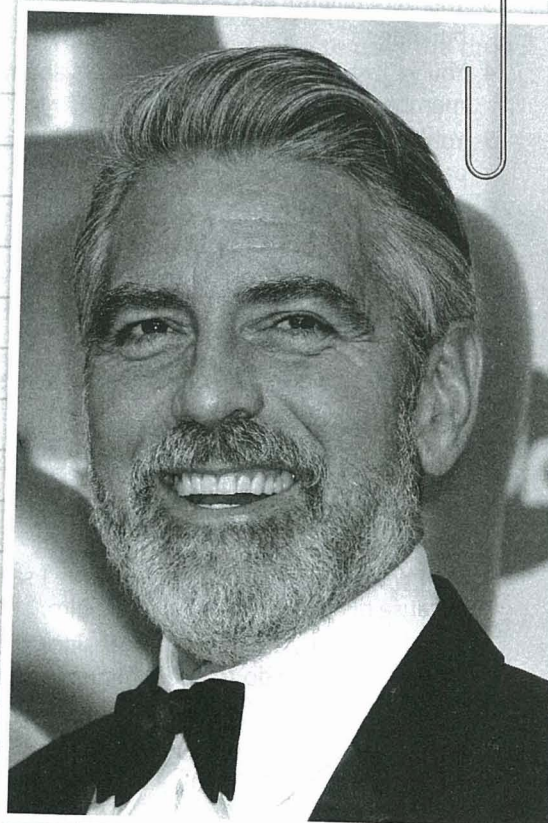
- 1 Born in
- 2 As a
- 3 Later
- 4 It was while she was working in Dundee
- 5 Despite the unexpected success of her first novel,
- 6 After sending
- 7 As time passed
- 8 Now in her sixties, she is still
- 9 Recently
- 10 They live in Los Angeles

B

- a she became very well-known.
- b she accepted an invitation to write a television series.
- c she taught English and ...
- d teenager, ...
- e as active as ever.
- f and have two children.
- g this was followed by a period when she wrote very little.
- h her second novel to ten publishers, it was finally accepted.
- i that she met her future husband.
- j Chicago in 1949, ...

- b Write a biography of the actor, George Clooney using the notes below. Organise the information and include some of the phrases from exercise a.

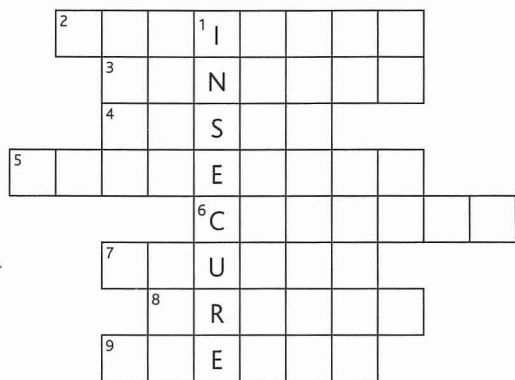
- appearance: dark eyes and dark hair with some grey
- looks older than he is, but still very handsome
- 1989-1993 - married to Talia Balsam
- has had many girlfriends in recent years, including Italian actress Elisabetta Canalis
- still enjoys a bachelor life with a group of friends who spend time at his house, playing basketball, relaxing, etc.
- born in 1961
- grew up in Kentucky, father was a famous host of a TV talk show. George loved being part of a famous family - got interested in show business
- 21, drove to Los Angeles - stayed with aunt and did whatever jobs he could get
- worked for 13 years in small TV shows then joined the cast of ER in 1994 as Doug Ross
- major film roles since ER, including Ocean's Eleven, Up in the Air and The Descendants
- heavily involved in social causes in recent years including fundraising for victims of 2010 Haiti earthquake and raising awareness of genocide in Darfur
- 2008 - appointed UN peace envoy



Vocabulary

Describing how you feel

1a Complete the grid with adjectives to describe how you would feel in each of the situations below.



- 1 You didn't get the job after an interview and don't feel very confident about your abilities.
- 2 You're in a really good mood and feeling optimistic.
- 3 You hate heights and you're at the top of a very tall building.
- 4 You've just received some bad news about a member of your family.
- 5 You've been unemployed for a long time and your partner has left you.
- 6 A large package arrives for you in the post one morning. You hadn't been expecting anything.
- 7 You read a funny story in the newspaper.
- 8 You woke up in a bad mood and the weather's awful.
- 9 You have to wake up very early after a late night.

b Complete the gaps using a word from exercise 1a.

- 1 I have had several late nights recently and I'm feeling very _____.
- 2 Tom was very _____ last time I saw him because his girlfriend had just left him.
- 3 Sally has been _____ ever since she lost her job. What can we do to cheer her up? (depressed)
- 4 He can't swim, so going on the boat trip made him feel _____.
- 5 My dad gets _____ when he is working and we make too much noise.
- 6 The joke really wasn't funny. Noone was _____.
- 7 Even when things aren't going well, Julia is always _____.
- 8 He's always been _____. He needs to build up his self-confidence.
- 9 Young children are usually _____ and love finding out about new things.

Language focus 1

Forming adjectives

2a Complete the table.

noun	adjective	opposite adjective
hope	1 <i>hopeful</i>	2 <i>hopeless</i>
security	3	4
efficiency	5	6
success	7	8
solution	9	10
enthusiasm	11	12
comfort	13	14
patience	15	16
honesty	17	18

b 2.1 Listen and check.

c Complete the gaps with adjectives from the table in exercise 2a.

- 1 After she got a new job, she was rather more hopeful about the future.
- 2 There was a(n) _____ silence when Luke's ex-girlfriend came into the room.
- 3 The train won't be here for another thirty minutes yet, so you'll just have to be _____.
- 4 After her _____ third album, she decided to retire from her singing career.
- 5 I had really bad skin when I was a teenager, and this made me feel really _____ around girls.
- 6 To be completely _____, I don't really like that dress. It makes you look old.
- 7 This is a fascinating book, it's about some of the biggest _____ crimes of the 20th century.
- 8 Sophie seemed very _____. She had lots of interesting ideas as to how we could improve the department.

- 3 Find eight words with prefixes and two adjectives in the word square, using the clues to help you.

A	P	U	R	Y	A	V	E	E	S	G	R	T
E	U	R	O	S	N	P	O	P	E	P	P	D
P	N	O	N	S	T	O	P	R	M	R	O	I
T	D	I	S	T	I	O	U	E	P	O	S	S
L	E	N	D	R	C	R	E	F	A	D	T	S
M	R	T	S	E	L	K	O	L	T	E	G	A
B	C	R	R	S	O	I	L	I	O	M	R	T
F	O	V	E	S	C	R	I	G	R	O	A	I
H	O	R	V	E	K	W	Y	H	T	C	D	S
Z	K	R	E	D	W	A	H	T	Y	R	U	F
R	E	P	A	N	I	C	K	Y	E	A	A	I
S	D	R	I	O	S	U	N	S	A	C	T	E
T	S	E	L	F	E	M	P	L	O	Y	E	D
X	L	U	B	M	E	A	N	S	Y	S	A	O

- We've been working *non-stop* since eight this morning. Let's have a break.
- I wish I wasn't so _____ on aeroplanes. Whenever there's turbulence, I start sweating and can't breathe.
- You look _____, can I give you a massage?
- The quality of the food here has really gone downhill. We were really _____ with our meal.
- Bill's _____, so he doesn't have a boss and he can choose when he works.
- To open a bottle, you always turn the top in an _____ direction.
- Aung San Suu Kyi led the _____ movement in Myanmar (Burma).
- The airport has a special _____ departure lounge for VIPs (Very Important Persons).
- Emma's applying to do a _____ degree at Cambridge.
- Waiter! I'm afraid this chicken is _____.

- 4 Read the customer reviews for the 'Track your feelings' app and choose the correct alternatives.

TRACK YOUR FEELINGS

Customer reviews

TYF is a new app which helps you record how you feel at various points throughout the day. After a few days it provides a summary and suggestions which will help you become more self-aware and make better life choices.



A GOOD TIMEWASTER

This app is an *amusing* / *amused* way to pass the time if you're *boring* / *bored*.



FORCES CLOSE

Keeps closing every time I try to load history – this is very *frustrating* / *frustrated*.
Uninstalling.



AN EXCELLENT IDEA!

I was *fascinating* / *fascinated* to find out about myself. The possibilities are very *exciting* / *excited*.



I WISH IT WASN'T SO HONEST!

This is an *interesting* / *interested* idea I think, but I was quite *disappointing* / *disappointed* to read what it said about me. It's all quite *depressing* / *depressed*!

Listen and read

Favourite films

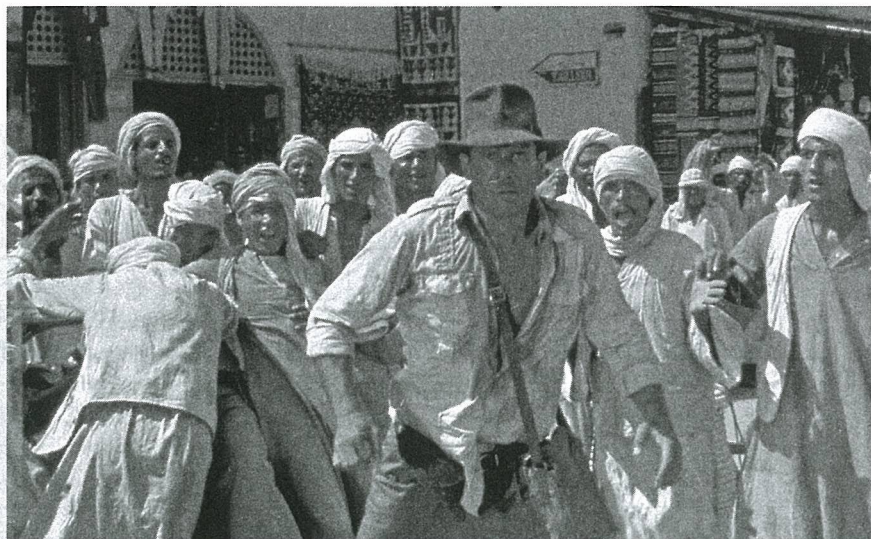
A In *It's a Wonderful Life* with James Stewart, the scene that gets me is at the end when one guy says: 'To my big brother, George, the richest man in town.' It kills me, man. In the film, it's Christmas and James Stewart is in big trouble financially and he's going to be arrested and so he decides to kill himself. But then this angel comes down (only he looks like an ordinary guy) and shows him what life would have been like in his home town if he'd never lived. And he sees how his life has touched all these other lives and really made a difference. I watch most of the film with a lump in my throat. Brilliant!

Pete



C The opening of *Jaws*. It's all in the music, which is played on the cello. I expect everyone knows it. You start by seeing the sea from the point of view of a shark on the bottom of the sea bed. Then the scene moves to a beach and it's a sunny day and all these families are sunbathing and having a good time. Then there's a girl who goes into the water, and suddenly we're under the water again, looking at the girl's legs from the shark's point of view. Then suddenly she screams and she's dragged across the surface of the water before she disappears. I was on the edge of my seat. It's much more effective than showing the shark straightaway. And for the rest of the film, every time that music comes back you know something awful is going to happen.

Lisa



B One of the funniest moments, I think, is in the first Indiana Jones movie, *Raiders of the Lost Ark*, when Harrison Ford is trying to escape from his enemies. It takes place in an eastern market and Indiana is suddenly faced by an enormous man wearing a turban and carrying a huge sword. The man gives an awesome display of swordplay with this sword and you can see this feeling of panic passing over Indiana's face. Then he suddenly pulls out a gun and just shoots the guy. The first time I saw it, the audience broke out in a cheer. Amazing! Apparently, I read later, they were going to do a full fight, but Ford didn't want to spend hours in the scorching sun and it would have been very expensive, so he asked Spielberg (the director) if he could just shoot the guy and Spielberg agreed.

Mel

D *Star Wars*, every time. Not the later films, but the very first film right at the end when Luke Skywalker joins the rebel attack on the Death Star. The Death Star is this huge artificial 'moon' which is about to destroy the rebels' planet. And the only way to destroy it is for the X-wing pilots to fly down a narrow lane and hit a tiny opening. All of Luke's fellow-pilots are killed or their X-wings are damaged and it's up to him alone. He makes the decision to switch off his computer and use 'the Force' to find his target. 'Great shot, kid!' says Han Solo. 'That was one in a million!'


Steve

E The most I've ever cried in a movie was in *Pay it Forward*. It's about this kid, Trevor, and on his first day of school he gets this assignment: 'Think of an idea to change the world, and put it into practice.' And he has this idea that the world would change if everyone did good deeds for three other people, and then those three people would help three other people, and so on, and eventually it would spread right round the world. And then he gets killed trying to help a friend. And they ask everyone who has received an act of kindness or help as a result of his idea to light a candle and you see all these thousands of candles. I tell you, no one had a dry eye in the cinema.

Sandy

F *Jurassic Park*. The bit when the two kids are in the jeep and it's broken down and there's some water in the back and you hear this thumping noise, and all you see is the movement in the water and the fear in their eyes when they understand what it means. I saw it when I was about 11 and I was petrified. That was more frightening than actually seeing the Tyrannosaurus rex.

Anna

5a  **2.2** Listen to and/or read some people's opinions about films. Which question does each person answer?

In the movies

- 1 what makes you cry?
- 2 what makes you feel good?
- 3 what makes you scared?

A 1 B ___ C ___ D ___ E ___ F ___

b Listen and/or read again and answer the questions.

Which films

- 1 are about someone's positive effect on other people? _____
- 2 involve a fight or battle? _____
- 3 depend a lot on the accompanying music or sound effects? _____

B

- a I need to have variety and excitement in life.
- b lack of sleep/exhaustion
- c good friendships
- d lack of confidence
- e *I'm fit.*
- f I'm unemployed.
- g I'm an employer, not an employee.
- h I hate paying taxes.
- i I like being creative.
- j financial security
- k I have a strong relationship/marriage.
- l I'm a non-conformist.

Vocabulary

Things that make you feel good

6 Match the statements in A with the ideas people are referring to in B.

A

- 1 'I go for a run three times a week, during my lunch hour at work.' e
- 2 'I hate the way that the government takes 20 per cent of my salary before I even get it.' ___
- 3 'I've just started my own business – it's great not having a boss!' ___
- 4 'I love my wife, she means everything to me.' ___
- 5 'It's good to know that I have a regular income and it's enough to live on.' ___
- 6 'It's so difficult to find a job in this area at the moment.' ___
- 7 'I've just done a course on computer programming and now I'm starting to make apps.' ___
- 8 'I wish I wasn't so shy sometimes, I'd like to find it easier to talk to other people.' ___
- 9 'I feel tired all the time.' ___
- 10 'I get bored very easily.' ___
- 11 'I think it's important to do your own thing, and not worry what other people say.' ___
- 12 'Having people who I know will be there for me, that's important.' ___

Language focus 2

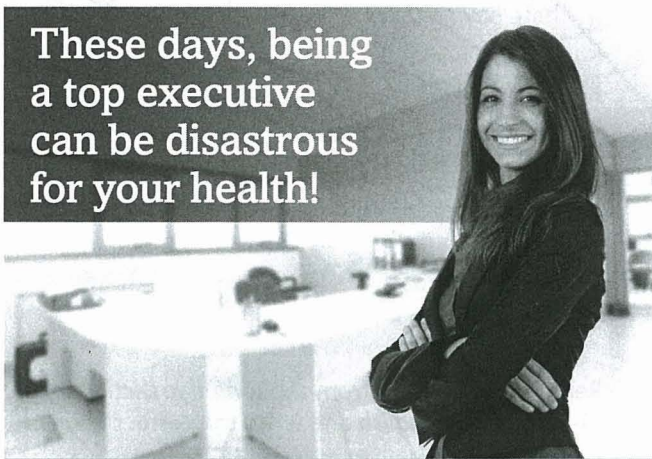
Forming nouns and gerunds

7 Read the definitions from the *Longman Dictionary of Contemporary English* and write the correct nouns.

- 1 **musician** n [C] a person who plays a musical instrument for a job: *a talented young ...*
- 2 **t** ___ n [C] someone who is being trained for a job: *The new ... will start next week.*
- 3 **c** ___ n [C] the period of time when you are a child: *I had a happy ...*
- 4 **e** ___ n [U] facts, objects or signs that make you believe that something exists or is true: *There is no ... of life on other planets.*
- 5 **g** ___ n [C] a person who plays a guitar
- 6 **b** ___ **o** ___ n [C] a small tool used for removing the metal lids from bottles
- 7 **a** ___ n [U] the cost of entrance to a concert, sports event, etc.: *... is free for children.*
- 8 **C** ___ n [U] a political system which has no different social classes and in which the government controls the production of all food and goods: *Do you believe in ... ?*
- 9 **c** ___ n [C] all the people who live in the same area, town, etc.: *an arts centre built to serve the whole ...*
- 10 **e** ___ n [C] the pleasure that you get from something: *Acting has brought me enormous ...*
- 11 **n** ___ n [U] being worried or frightened about something that may happen so that you cannot relax: *Minnelli's ... showed in her voice.*
- 12 **v** ___ n [C] Someone who eats only fruit, vegetables, eggs, etc. and does not eat meat or fish.

8a Complete the article with the positive or negative gerund form of the verbs in the box.

drink (x 2) eat (x 2) get go (x 2)
take (x 2) talk



We asked five managing directors how they coped. Their top ten tips for ways of keeping healthy and stress-free are:

- 1 going to the gym three times a week.
- 2 _____ sensibly.
- 3 _____ alcohol at lunch.
- 4 _____ work home.
- 5 _____ at least seven hours' sleep each night.
- 6 _____ about business at home.
- 7 _____ mineral water instead of strong coffee.
- 8 _____ a daily 'power nap'.
- 9 _____ to bed after eleven o'clock during the week.
- 10 _____ fattening snacks between meals.

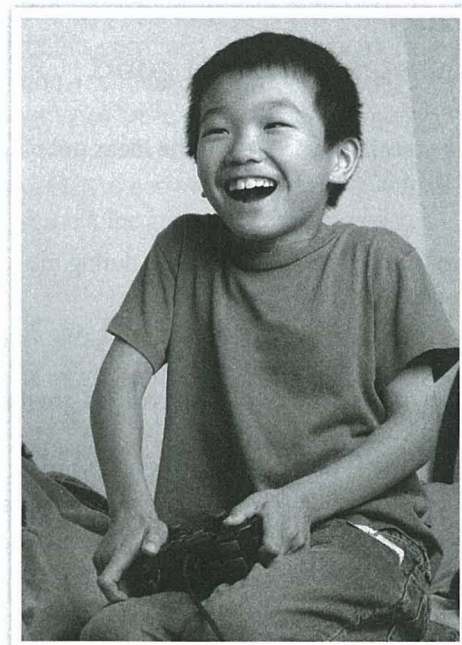
b Complete the second sentence so it has a similar meaning to the first. Use a gerund.

- 1 It can be expensive to eat out.
Eating out _____ can be expensive.
- 2 I find it easy to make new friends.
_____ easy for me.
- 3 I hate it when people drop their rubbish in the street.
I hate _____.
- 4 It can be very stressful when you start a new job.
_____ very stressful.
- 5 My mother-in-law can't stand people who smoke when she's eating.
My mother-in-law _____.
- 6 I find that a good way to relax is to have a nice long bath.
_____ a good way to relax.

9 Read the extracts. Then complete the gaps using the correct form of the word given.

A

In a recent survey in Europe, ¹ <u>employees</u> were asked to list the things about 21st century living that cause ² _____.	EMPLOY
Financial ³ _____ was the top answer, with over 60 per cent of people saying they feared becoming ⁴ _____ in the next year.	ANXIOUS
In today's fast-paced workplace, many people said they suffer from lack of sleep and ⁵ _____, which in turn causes erratic ⁶ _____. Many people also answered that while they could accept ⁷ _____ from others, this sometimes caused a lack of ⁸ _____ in their own abilities.	SECURE
	EMPLOY
	EXHAUSTED
	BEHAVE
	CRITICISE
	CONFIDENT



B

¹ <u>Playing</u> video games has for years been thought to have a negative effect on a child's ² _____.	PLAY
However, a recent ³ _____ into the effects of video on children has drawn a number of positives.	DEVELOP
⁴ _____ have shown playing games in ⁵ _____ can help a child develop key skills such as ⁶ _____, logic and problem - ⁷ _____.	INVESTIGATE
Playing online games with other people can also help develop ⁸ _____ skills and the ability to make quick ⁹ _____.	SCIENCE
However, they were keen to stress that too much use of games can have a negative effect, causing an inability to distinguish between ¹⁰ _____ and fantasy, and eventual feelings of ¹¹ _____ as they become more detached.	MODERATE
	MULTI-TASK
	SOLVE
	LEAD
	DECIDE
	REAL
	LONELY