







HELEN STEPHENSON



Life Beginner Workbook Helen Stephenson

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Unit 1 Hello

1a People

Vocabulary the alphabet

Aa	***************************************	Cc	***************************************
Ee	***************************************	Gg	
li	***************************************	Kk	***************************************
Mm		Oo	
Qq		Ss	
Uu	***************************************	Ww	

- 2 <a>§ 1 Listen again and repeat the alphabet.
- 3 🚳 2 Listen and circle the letter you hear.
 - 1 A/E

Yy

- 2 E/I
- 3 G/J
- 4 H/J
- 5 K/Q
- 6 S/Z
- 7 Q/U
- 8 V/W
- **4** Say the letters. Circle the letter with the same sound.

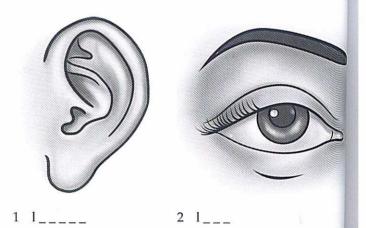
1	ΑΗJ	K/T
2	BCDE	O/P
3	FLM	G/N
4	I	Y/Z
5	QU	V/W

5 Dictation words

a **3** Listen and write the words.

1	door
2	
3	
4	
5	-
6	

b 4 Look at the pictures. Listen and write the words.







Grammar be: I + am, you + are

6 Look at the photo. Choose the correct option.

'Hi. I'm / You're Louise Hose.'

7 Choose the correct option.

LOUISE: Hi. 1 I'm / You're Louise.

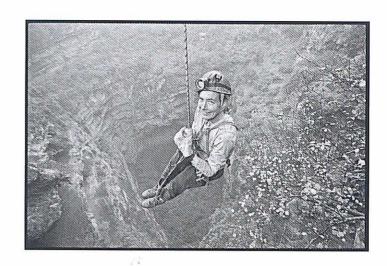
STEPHEN: Hello. ² I'm / You're Stephen Alvarez.

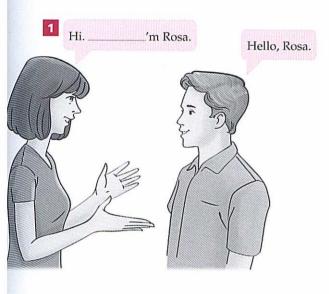
LOUISE: Oh, ³ I'm / you're with National

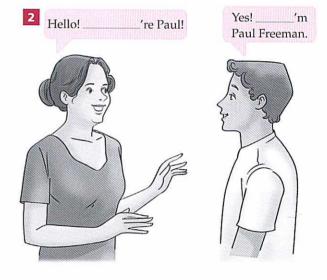
Geographic.

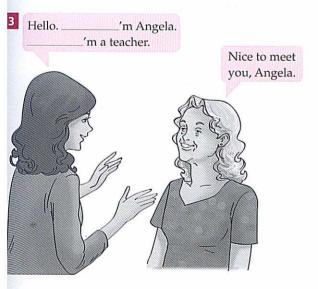
STEPHEN: Yes. Nice to meet you. LOUISE: Nice to meet you too.

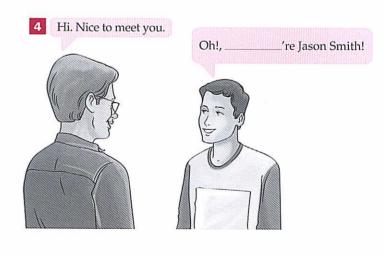
8 5 Write I or You. Listen and check.











1b Around the world

Vocabulary countries and nationalities

1 Look at the maps. Write the countries.

1	the TUIDNE	United
	KIMNDOG	Kingdom
2	ASISUR	
3	AILTY	
4	AINPS	
5	ABILRZ	
6	AAACDN	
7	the I D T U N E	
	TESTSA	
8	CEIMOX	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
9	TEYPG	

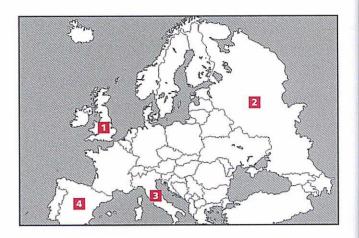
2 Pronunciation word stress

- a 🦠 6 Listen and circle the word you hear.
 - 1 Russia / Russian
 - 2 Egypt / Egyptian
 - 3 Brazil / Brazilian
 - 4 Canada / Canadian
 - 5 Italy / Italian
 - 6 Mexico / Mexican
 - 7 Vietnam / Vietnamese
- **b % 7** Listen and repeat the country and nationality words from Exercise 2a.

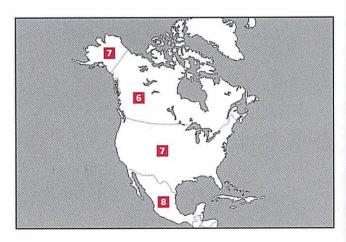
Vocabulary numbers 1-10

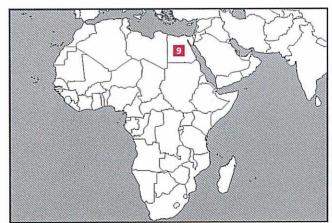
3 Write the missing numbers.

a	eight	ten
b	two	
c	seven	nine
d	four	six
e	one	three
f	six	eight









Grammar be: he/she/it + is

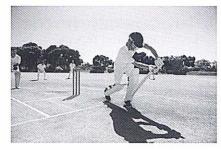
4 Write sentences with nationalities.



1 Anna is from Australia. *She's Australian*.



2 Jorge is from Brazil.



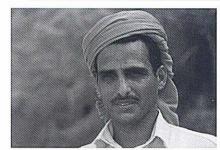
3 Cricket is from the United Kingdom.



4 Sâu is from Vietnam.



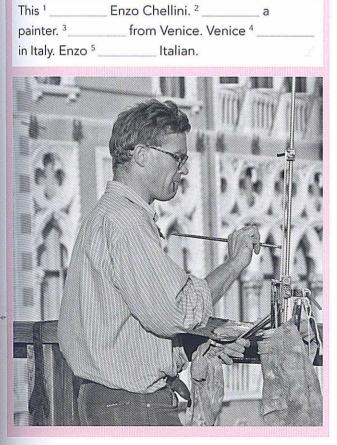
5 Pizza is from Italy.



6 Ahmed is from Egypt.

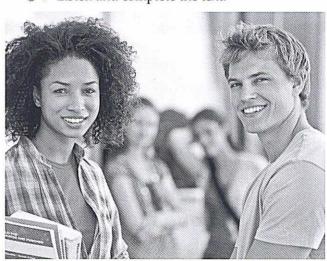
Listening an artist from Italy

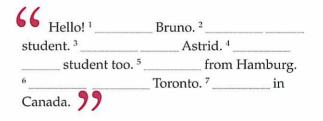
5 **§** 8 Look at the photo. Complete the text. Listen and check.



6 Dictation be

9 Listen and complete the text.





1c Phone numbers



1 Good



2 Good_____



3 Good_____



- 4 Good_____
- 2 § 11 Complete the conversations with a–c. Listen and check.
 - a And you
 - b are you
 - c See you

1 A: Good afternoon, Barbara. How _____?

B: Fine, thanks.

A: I'm OK.

2

C: _____later, Anna.

A: Bye, Carlos.

Listening phone numbers

3 **12** Look at the photos. Listen. Write the numbers (1–3).







Boris

Lisa

Nasser

4 **12** Listen again. Match the information in the table.

Name	Country	City
Lisa —	Germany	London
Nasser	Mexico	New York
Boris	Egypt	Merida

5 12 Listen again. Write the phone numbers.

Lisa	
Nasser	3/2
Boris	

Grammar my, your

6 **13** Complete the conversation with *my* and *your*. Listen and check.

LISA: Hi, Boris.

BORIS: Hi, Lisa.

LISA: What's ¹ _____ phone number?

BORIS: ² ____ mobile number is 707 839 116.

³ ___ work number is 707 547 939.

LISA: Thanks.

BORIS: What's ⁴ ___ home number?

LISA: ⁵ ___ home number is 55 018 375.

BORIS: Great. Thanks.

7 Word focus extra from

Add from to three more sentences.

from

- 1 Nasser is † Egypt.
- 2 Joana is Madrid.
- 3 He's in London.
- 4 This phone call is Boris.
- 5 I'm Mexican.
- 6 He's South Africa.

1d What's this in English?

Vocabulary in the classroom

1 Write the names of the things.























Real life classroom language

and check.

this in English? It's a computer. Thanks. Good afternoon. Sorry I'm That's OK. Work in pairs. I don't Work in pairs – two students. OK your books. Look at ten. ten? Yes. Can you that, please? Yes. Look at page ten.
: Thanks. : Good afternoon. Sorry I'm : That's OK. : Work in pairs. : I don't : Work in pairs – two students. : OK your books. Look at ten. : ten? : Yes. : Can you that, please? : Yes. Look at page ten.
: Good afternoon. Sorry I'm : That's OK. : Work in pairs. : I don't : Work in pairs – two students. : OK your books. Look at ten. : ten? : Yes. : Can you that, please? : Yes. Look at page ten.
 : That's OK. : Work in pairs. : I don't : Work in pairs – two students. : OK your books. Look at ten. : ten? : Yes. : Can you that, please? : Yes. Look at page ten.
 Work in pairs. I don't Work in pairs – two students. OK your books. Look at ten. ten? Yes. Can you that, please? Yes. Look at page ten.
: I don't : Work in pairs – two students. : OK your books. Look at ten. : ten? : Yes. : Can you that, please? : Yes. Look at page ten.
 : Work in pairs – two students. : OK your books. Look at ten. : ten? : Yes. : Can you that, please? : Yes. Look at page ten.
: OK your books. Look at ten. : ten? : Yes. : Can you that, please? : Yes. Look at page ten.
ten. :ten? : Yes. : Can you that, please? : Yes. Look at page ten.
ten. :ten? : Yes. : Can you that, please? : Yes. Look at page ten.
: Yes. : Can you that, please? : Yes. Look at page ten.
: Can you that, please? : Yes. Look at page ten.
: Yes. Look at page ten.
•
C1
: Good morning, everyone. Sit,
please.
: Good morning.
: This is a table.
: Can you it, please?
: T-A-B-L-E.
: Do Exercise three at See you nextime.
: Bye.

15 Listen and repeat the questions from Exercise 2.

4 Listen and respond questions

a 15 Listen to the questions again. Respond with the sentences in Exercise 2.

What's this in English?

It's a computer.

b 🦠 15 Listen to the questions again. Respond with sentences about an object from Exercise 1.

1e My ID

Writing a visa

1 Writing skill capital letters (1)

- **a** Rewrite the sentences with the correct capital letters.
 - 1 my name is chris cavendish. *My name is Chris Cavendish.*
 - 2 i'm from the united kingdom.
 - 3 paula is from the united states.
 - 4 spain is in europe.
 - 5 alex robson is a doctor.
 - 6 hanoi is in vietnam.
- **b 16** Look at the table. Listen and write the words in the table. Write the correct capital letters.

a city	
a country	
a language	
a name	
a nationality	

2 Writing skill extra full stops, question marks

a Look at the examples.

What's your job? I'm a doctor₀

- **b** Add full stops and question marks.
 - 1 What's your name
 - 2 It's 96 457 329
 - 3 I'm fine
 - 4 Can you spell that
 - 5 My name's Chris Cavendish
 - 6 Yes. C-A-V-E-N-D-I-S-H
 - 7 How are you
 - 8 What's your phone number

C	17	Match the questions and answers in
	Exerci	se 2b. Listen and check.

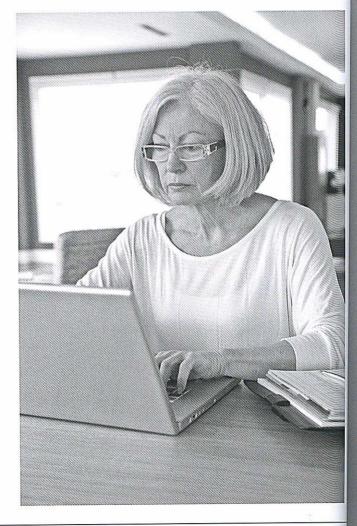
-1	
1	
4	
7	
0	

3 Complete the visa form with the information. Use capital letters.

south african	writer	greta	lessar

UK Visa

First name
Surname
Nationality
Job



Learning skills recording new words (1)

Write new vocabulary in your notebook. Organize the words.

Countries

Brazil

South Africa

Vietnam

Italy

Russia

the United Kingdom

1 Write the words in three groups.

Americar	n board	book	British	chair
compute	r Egyptian	eight	five	four
Italian	nine one	pen	pencil	sever
six So	uth African	Spanish	ten	
three	two			

Classroom objects	Nationalities	Numbers
		-
		-
		<u> </u>

Check!

- **2** Complete the sentences about you.
 - 1 name
 My name's ______.
 - 2 nationality

I'm _____

3 city

I'm from _____

4 country

It's in

3 Complete the crossword.



(seven letters)



(five letters)



(seven letters)



(five letters)



(five letters)

7

(five letters)

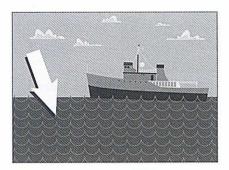
			1		2
3					
	Δ	_		-	
5					
				J	
6					

Unit 2 Holidays

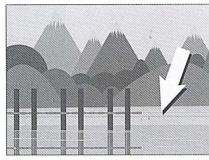
2a My holiday

Vocabulary holiday places

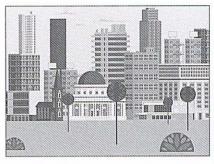
1 Write the places.



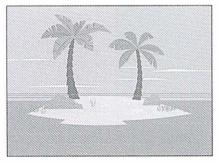
1 ase <u>sea</u>



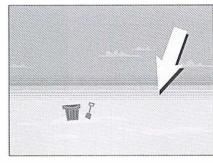
2 aekl



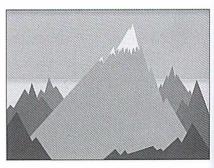
3 icyt



4 aidlns



5 aebch



6 aioumnnt

Vocabulary days of the week

2 Write the days of the week.

1 S_t__day
2 _e_n__day

3 T ___ e __ day

4 __ r __ day

5 __h __ r __ day

6 ___o __day

7 S ____ day

Reading my holiday

3 18 Read the texts (a-c). Match the photo with one of the texts. Listen and check your answer.

- and Jane. We're in Africa. This is a mountain in Tanzania. It's beautiful.
- b I'm on holiday. I'm with Linda, Will and Maria. They're my friends. We're in South America. This is Lake Titicaca. It's in Bolivia. It's beautiful.
- I'm on holiday. I'm with my friend, Jack. We're in Asia. This is on Phuket Beach. It's in Thailand. It's beautiful.

Grammar be: we/they + are

- 4 **§ 19** Complete the sentences with *We're* and *They're*. Listen and check.
 - 1 I'm on a beach. You're on a beach.

We're on a beach.

2 Andy is on a lake. Friedl is on a lake.

_____on a lake.

3 Friedl and Jane are Canadian.

Canadian.

4 Jane is English. I'm English.

English.

5 I'm with my friend.

_____ in Fiji.

6 Jack is in Portugal with Michael.

__ in Portugal.

5 Pronunciation we're, they're

- **a 9 19** Listen and repeat the sentences from Exercise 4.
- **b 920** Listen and circle the word you hear.
 - 1 We're / They're from Portugal.
 - 2 We're / They're in a city.
 - 3 We're / They're Kenyan.
 - 4 We're / They're on an island.
 - 5 We're / They're in Canada.
 - 6 We're / They're on Lake Titicaca.

Grammar be: negative forms

6 **21** Look at the photo again. Complete the sentences with the negative form of *be*. Listen and check.

1 This *isn't* in Europe.

2 I _____ in this photo.

3 The four tourists Bolivian.

4 The man _____ a tourist.

5 We ______ in Thailand.

6 You _____ in this photo.

7 Pronunciation isn't, aren't

21 Listen and repeat the sentences from Exercise 6.

8 Complete the blog about the photo with these words.

aren't holiday my they're Wednesday

Today is ¹_______. I'm with ² ______ friends. ³______ Linda, Will and David. We're in South America. We ⁴______ in Peru. We're in Bolivia.

We're on ⁵ _____ . Lake Titicaca is beautiful.



2b Is it hot?

Vocabulary numbers 11–100

1 Write the numbers in words.

1	7 + 8 =	fifteen
2	11 + 13 =	
3	19 + 28 =	
4	22 + 41 =	
5	17 + 59 =	
6	$35 \pm 46 -$	

2 3 22 Look at the weather information. Listen and complete the temperatures.

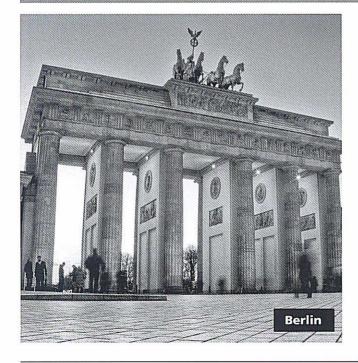
3 Look at the weather information. Write the temperatures in words.

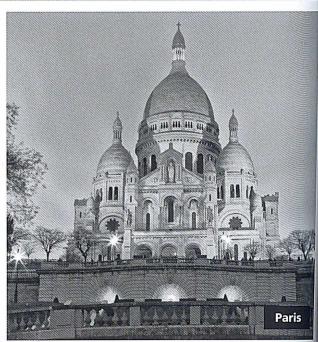
1	It's	thirty-one	degrees in Tokyo today.
2	It's		degrees in London today.
3	It's		degrees in New York today.
4	It's today.		degrees in Mexico City
5	It's		degrees in Rome today.
6	It's		degrees in Santiago today.



World weather

Berlin	
London	26° C
Mexico City	22° C
New York	21° C
Paris	· ·
Rio de Janeiro	
Rome	36° C
Santiago	17° C
Sydney	
Tokyo	31° C
Toronto	





Grammar be: questions and short answers

- **4** Look at the weather information. Answer the questions.
 - 1 Is it hot in Sydney today? *No, it isn't*.
 - 2 Is it hot in New York today?
 - 3 Is it cold in Tokyo today?
 - 4 Is it hot in Rome today?
 - 5 Is it cold in Santiago today?
 - 6 Is it cold in Toronto today?
- **5** Read 1–8. Change the full stop (.) to a question mark (?) if necessary.
 - 1 Are you in New York/?
 - 2 John and Jane are in Rome.
 - 3 Is she on the beach.
 - 4 Are Paul and Meera in Santiago.
 - 5 Your name is Andy.
 - 6 Are you OK.
 - 7 It is cold in London today.
 - 8 Are they tourists.

6 Rewrite the questions from Exercise 5 as affirmative sentences. Use contractions if possible. Rewrite the sentences as questions.

1	You're in New York.
2	
3	
4	
5	
6	
7	
8	

7 Pronunciation be: questions and short answers

23 Listen and repeat six questions and answers.

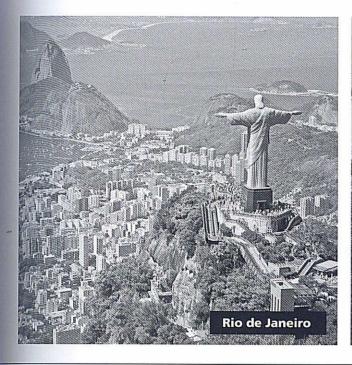
8 Listen and respond be: questions and short answers

24 Listen to the questions from Exercise 7. Respond with your own words.

1
Are you in London?

Yes, I am.

No, I'm not.





2c Holiday places

Vocabulary colours

1 Write the colours.

1	abckl	
2	a e g o n r	
3	bonrw	
4	d e r	
5	eblu	
6	eegnr	
7	e h i t w	***************************************
8	ellowy	

Grammar alan

2 Write a or an.

9 iknp

1	table
2	country
3	airport
4	page
5	island

3 Word focus in

<u>Underline</u> in in these questions. Then match the questions (1–3) with the answers (a–c).

- 1 What's this colour in English?
- 2 Are you in a hotel?
- 3 Are they in Tokyo?
- a Yes, I am.
- b It's 'orange'.
- c No, they aren't.

4 Dictation in New Zealand

25 Look at the photo. Listen and complete the email.

Hi Stephanie		
I'm in New Zealan	ıd. It's ¹	The
mountains are 2		. The sky isn't
3	it's ⁴	•
I'm in a ⁵	. l'm w	ith my
6	Kiri. It's nice.	

Glossary the sky (noun) /skar/



Grammar plural nouns

5 Write the plurals of these nouns.

1	bus	
2	tent	
3	car	
4	city	
5	office	
6	photo	

6 Complete the sentences with the singular and plural form of these nouns.

	each nountai	country n	friend	hotel	island
1	I'm or and F		ith my		Lynne
2	Fiji is	an	j	in the Sou	th Pacific.
3	Nepa Asia.	l, China an	d India ar	e	in
4		in the Roc d States.	ky		in the
5	I'm ir	ı a	i	n London	. It's old.
6					e beautiful.

7 Pronunciation plural nouns

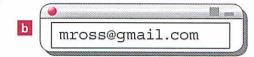
26 Listen and repeat the plural nouns from Exercises 5 and 6.



2d Here are your keys

Vocabulary car hire

- 1 Look at a-f. Find:
 - 1 two addresses
 - 2 two email addresses
 - 3 two car registration numbers
 - a 27 Front Street



MA 50 TCO

d 65 Liverpool Road

wilson@cars.co.uk



Real life personal information

- **2 § 27** Complete the questions with *is, what* and *where*. Listen and check. <u>Underline</u> the answer you hear.
 - 1 '_____ are you from?'
 'I'm from Belfast / Manchester.'
 - 2 '_____'s your address?'
 'It's 27 Front Street / 65 Liverpool Road.'
 - 3 '_____ this your email address?'
 'No, it isn't. It's wilson@cars.co.uk /
 mross@gmail.com.'
 - 4 '_____'s the car registration number?'
 'It's LE61 DGM / WA50 TCO.'

3 🚳 28 Listen and complete the car hire form.



- 4 Listen and respond personal information
- **a 9 29** Listen to four questions. Respond with the information from Exercise 3.

1 Where are you from?

I'm from Manchester.

- **b 329** Listen to the questions again. Respond with your own words.
 - 1 Where are you from?

I'm from Jakarta.

- **5** Pronunciation syllables
 - 30 Listen and repeat these words. Count the syllables.

beach = 1

email holiday hotel island lake mountain number student teacher telephone tourist

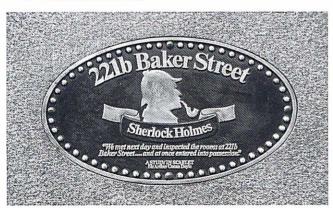
2e Contact information

Writing a form

- 1 Writing skill capital letters (2)
- **a** Rewrite the addresses (1–4) with the correct capital letters. Then match the addresses with a–d.

1	10 downing street
	london

- 2 221b baker street london
- 3 350 fifth avenue new york
- 4 1600 pennsylvania avenue washington
- a the Empire State Building
- b the President of the United States
- c the Prime Minister of Great Britain
- d Sherlock Holmes



b Write the correct capital letters in this address.

ness hotel loch road inverness iv4 2hf Rewrite the information in this form with the correct capital letters.

m'.l		
Title	-mr	
First name	david	
Surname	smith	
Address	64 mill road	
City	manchester	
Postcode	m17 6rt	
Country	uk	
Contact number	0756 751 2587	

	Ness Hotel online boo	oking
Title	Mr)
First name)
Surname)
Address		
City	The state of the State of the State of)
Postcode)
Country		
Contact number	0756 751 2587	

2 31 Listen to the telephone conversation about a hotel booking at Lakeside Hotel. Complete the form.

Lakeside Hotel booking

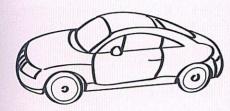
Title	
First name	
Surname	
Address	
City	
Postcode	
Country	UK
Email address	
Contact number	0750 658 214

3 Check the capital letters in the form in Exercise 2.

Learning skills recording new words (2)

Write new vocabulary in your notebook. Draw the words or write examples.

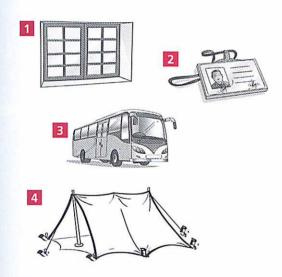
car



address

10 Downing Street
London

1 Match 1-4 with a-d.



- a bus
- b window
- c ID card
- d tent
- 2 Draw a picture or write examples for these words in your vocabulary notebook.

boat country city key mountain tourist

Learning skills questions for the classroom and real life

- **3** Write these questions and expressions in your own language.
 - 1 Can you repeat that?
 - 2 Can you speak slowly?
 - 3 How do you say ...?
 - 4 How do you spell ...?
 - 5 I'm sorry. I don't understand.
- 4 **32** Listen and repeat the questions and expressions from Exercise 3.

Check!

5

- 5 Look at the words. They are in Student's Book Unit 2. What are the connections? Look at the example. Then write four sentences.
 - 1 Gatwick and Heathrow are airports.
 - 3

Gatwick
Cape Town
Fiji green

Heathrow Moscow
Paris
Hawai