

OUR WORLD⁶

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SECOND EDITION • WORKBOOK

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Unit 1

Exciting Sports

VOCABULARY 1

1 Do the puzzle. Find the secret message.

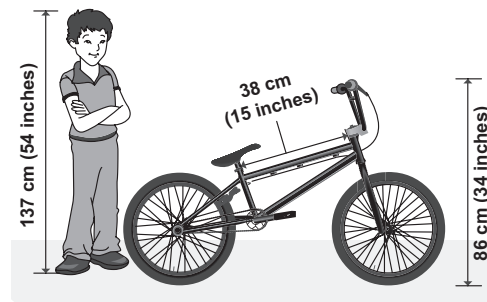
accident	height	skillfully
are	injury	strength
cool	kitesurfing	to crash
equipment	length	to flip
extreme sports	motocross	to land
hang-gliding	skiing	to travel

1. Cross out the names of three sports.
2. Cross out four actions.
3. Cross out the nouns formed from *long*, *strong*, and *high*.
4. Cross out all the words with three syllables (e.g., *e-quip-ment*).

Read the words that you didn't cross out. Write the message:

2 Look and write. Complete the sentences.

1. The height of this bike is 86 cm (34 inches).
2. If you buy a BMX bike, you should always check the length of the "top tube."
The top tube is the bar that goes from the handlebars to the seat.
3. The height of this bike's top tube is 38 cm (15 inches).
4. The boy's height is 137 cm (54 inches). He's the tallest boy in my class.



3 Describe the pictures. Use the words in the box.



do motocross	crash	along the water	equipment
go hang-gliding	flip	in a field	injury
go kitesurfing	land	in the air	skillful
go skiing	travel	into a rock	strength

1. He's doing motocross. He's crashing into a rock. He may have an injury.
2. _____
3. _____
4. _____

4 Read and match the questions and answers.

- | | |
|--|--|
| 1. My favorite sport is surfing. What about you? | a. I agree. I like how some of them flip in the air before landing. |
| 2. Have you ever had an accident while playing sports? | b. Yes, a year ago. I crashed into a rock on my bike and broke my arm. |
| 3. What kind of equipment do you need for swimming? | c. I've broken a finger, but that's all. I've been very lucky! |
| 4. I love to watch extreme sports on TV. Those athletes are so skillful. | d. Nothing expensive—just a swimsuit. |
| 5. What's the worst injury you've ever had? | e. I like skateboarding best of all, but I'm not very good at it! |

5 Listen and speak. Check your answers to Activity 4. Then listen and repeat. **TR: 1.1**

SONG

- 1 Look and listen.** Check the sports that the singer has dreamed of doing. **TR: 1.2**



- 2 Listen.** Listen to a part of the song. Write three of the rhyming words in the chorus. **TR: 1.3**

air care compare everywhere pair wear

Extreme sports.
Flying high in the _____!
Other sports
don't _____!
Extreme sports.
Look around.
They're _____!

- 3 Write.** Work with a partner. Write a new chorus. Make an acrostic poem!

S _____
P _____
O _____
R _____
T _____
S _____

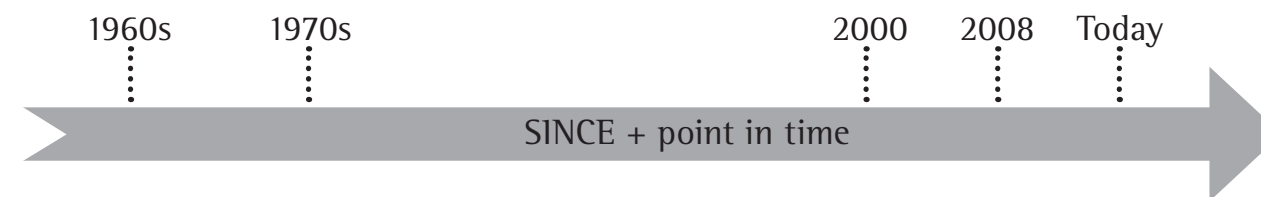
GRAMMAR 1

Present perfect with *for* and *since*

I've	worked	here	for	ten years.	I've = I have haven't = have not hasn't = has not
I haven't	taken	a vacation	since	2016.	
Snowboarding has	been	popular	since	the Olympics.	
Skiing hasn't	been	popular	for	many years.	

for + a period of time *since* + a point in time
Use the present perfect for a past action that continues up to now.

- 1 Read and write.** Look at the timeline. Write the sentences.



- Motocross / be / an Olympic sport / 2008.
Motocross has been an Olympic sport since 2008.
- People / enjoy / kitesurfing / the year 2000.
- Surfing / be popular / around the world / the 1970s.
- 1960s / more than 10 million people / try / skateboarding.

- 2 Read and write.** Read the sentences in Activity 1 and do the math! Rewrite the sentences. Then work with a partner. Say the sentences two different ways.

- Motocross has been an Olympic sport for more than ten years.*
- _____
- _____
- _____

I'll start. "Surfing has been popular around the world since the 1970s."

My turn. "Surfing has been popular around the world for more than forty years."

READING

1 Listen and read. TR: 1.6

An Extra Challenge



Extreme sports test our strength and abilities to the limit. People practice for years to become skillful enough to take part in sports such as hang-gliding, skiing, or kitesurfing. They have all the latest safety equipment. And even then, it's a challenge. But to take on extreme sports if you can't see or hear, for example, or if you have lost an arm or a leg—that's a new level of challenge.

Have you ever watched blind skiing? It's super exciting for spectators, but extremely difficult for competitors. Imagine skiing downhill at 112 kilometers (70 miles) an hour—wearing a blindfold! It takes courage. So how does it work? The blind skier skis with a sighted skier who guides them down the slope. The two skiers travel at speed just a few feet apart. A tiny mistake can lead to a crash. Jade Etherington, a skier who has just 5 percent vision, explains how she feels about the danger: "I've had many crashes. But never too bad . . . In a way it's a help if you can't see it coming—you're more relaxed."

Another inspirational athlete is 18-year-old Brazilian skateboarder Felipe Nunes. Since Felipe lost his legs in an accident at the age of six, he has worked to achieve his dream of becoming a skateboarder. Now he competes at the highest level, and videos of his cool moves are an internet sensation. In everyday life, he doesn't use a wheelchair—he goes everywhere on his skateboard!



**Brazilian disabled skateboarder
Felipe Nunes**

2 Read the text again. Check the main idea in each paragraph.

1. a. You need good safety equipment if you are doing extreme sports.
 b. Extreme sports are even more challenging for people who have disabilities.
2. a. Blind skiers need to be brave and extremely skillful.
 b. Blind skiing is exciting to watch.
3. a. Skateboarders can become extremely popular on the internet.
 b. Skateboarder Felipe Nunes has achieved his dream against all odds.

3 Write. Read paragraphs 2 and 3 again. Complete the chart with information for the two people described.

Person	Sport	Difficulties they have overcome	Describe how they have become famous	What adjectives can you use to describe them?
Jade Etherington				
Felipe Nunes				

4 Write. Imagine what it feels like to take part in one of the extreme sports on page 8. Write a description. Then work with a partner and share your descriptions.

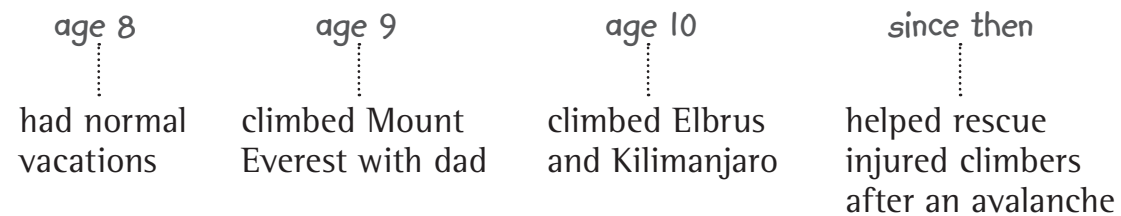
WRITING

1 Read *High Climber* in your Student's Book. How did the writer plan her writing? Read the steps.

1. First, the writer chose someone interesting.

Quickly read the text about Matt Moniz. What are the three most interesting facts, in your opinion? Write them in your notebook.

2. Next, the writer found out about Matt Moniz's life and wrote down ideas for her biography. She used a timeline.



3. After reading her notes, she tried to make it more interesting for the reader by connecting the dates and events in Matt's life.

Match the events and dates in Matt's life. Draw lines.

- | | |
|--|--|
| <p>1. Before the age of nine, Matt Moniz enjoyed summer vacations</p> <p>2. Then suddenly his life</p> <p>3. At the time, Matt did not know</p> <p>4. After that, there was no</p> <p>5. In 2015, Matt was climbing Mount Everest when</p> | <p>a. changed.</p> <p>b. stopping him!</p> <p>c. like all kids do.</p> <p>d. an earthquake struck.</p> <p>e. what to expect.</p> |
|--|--|

4. Then she thought of words and expressions that show time: *after (that), before, since then, the next year, then, at the time, suddenly, afterward*.

Read the sentences in step 3 again. In your notebook, write the time expressions she uses.

5. Finally, she wrote the first version, called a draft, of her writing.

2 What do you remember about Danny MacAskill and Bethany Hamilton? Write information in the chart. Read *Cool Adventurers* in your Student's Book if you need help with the dates and details.

Danny MacAskill	Bethany Hamilton
Born in Scotland in 1985	Born in Hawaii in ...
A cyclist who flips off buildings and rides a bike on a train	A surfer who ...
Has had a few accidents and has broken twelve helmets and a few bones	She had an accident when ...
A video of him was on YouTube in 2009.	
"National Geographic Adventurer of the Year" in 2012	

3 Write sentences about Danny and Bethany. Use the chart and expressions of time.

- Danny began extreme cycling when he was a kid. Since then, he has broken twelve helmets.
- _____
- _____
- _____
- _____

4 Now follow steps 1-5 in Activity 1. Write your paragraph about Danny or Bethany in your notebook.

5 Write. Choose someone who you find interesting, and write a biography of him or her. Plan your writing, and follow the steps in Activity 1. Write your new paragraph in your notebook.

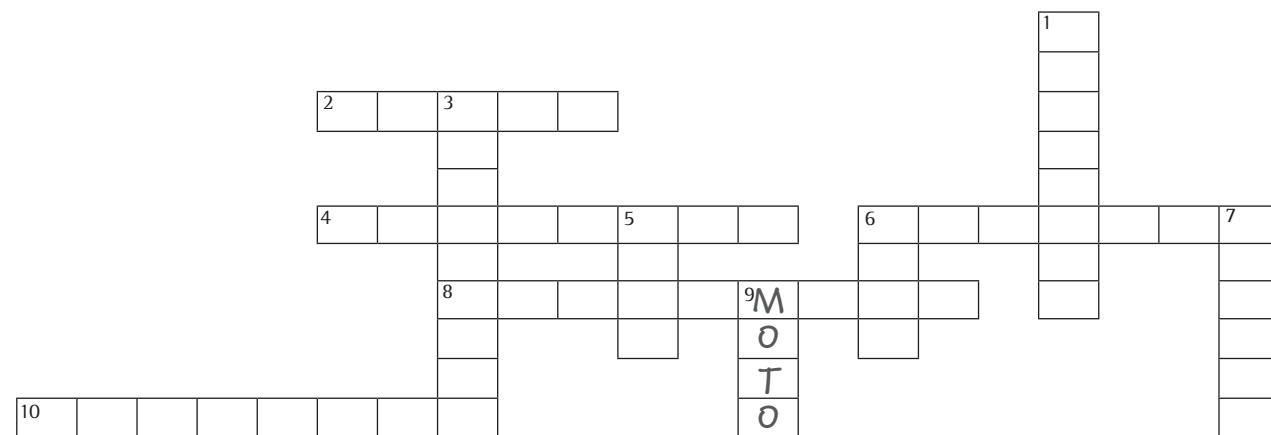
UNIT 1 REVIEW

1 Complete the text. Do the crossword.

Every year, extreme sports such as hang-gliding and (9 down) _____ become more popular. Many young people want to (5 down) _____ through the air on a board or bike. People also want to fly to greater heights and (6 across) _____.

Unfortunately, too many people fall or (2 across) _____. Every year, there are more (10 across) _____ from broken bones, or worse. How can we prevent so many bad (3 down) _____? Here is some advice:

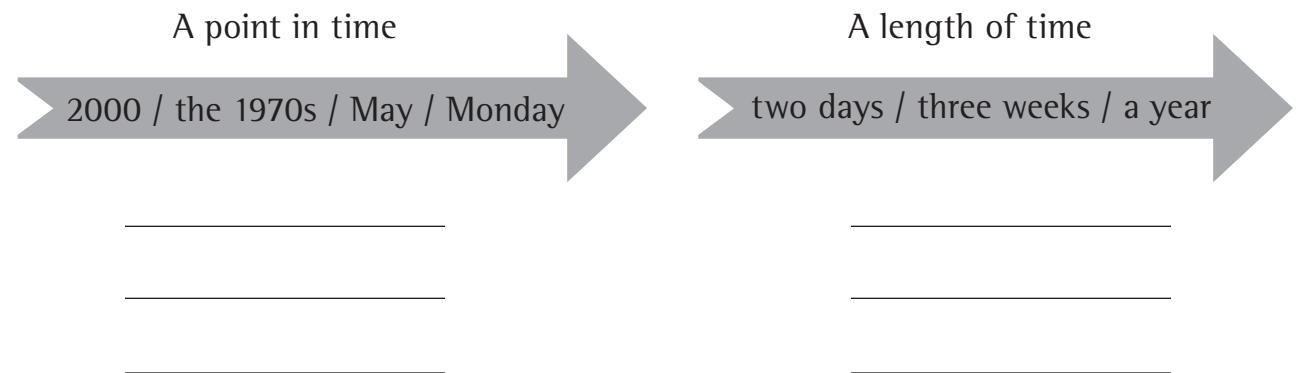
- Do not copy what you see on TV or in videos. Those people are (4 across) _____ at their sports because they have practiced for years. Be patient!
- Learn how to (6 down) _____. If you can do that skillfully, then you may not hurt yourself.
- Build up your physical (1 down) _____ slowly.
- Take classes. Learn how to go kitesurfing or (7 down) _____.
- Wear proper (8 across) _____: helmets, knee pads, and life jackets.



- | | | |
|-----------|------------------|----------|
| accidents | injuries | skiing |
| crash | land | skillful |
| equipment | lengths | strength |
| flip | <u>motocross</u> | |

2 Read and write. Write the expressions in the chart.

- | | | |
|-------------|--------------------|------------------|
| 2012 | about twenty years | last night |
| a long time | ten years | when we were six |



3 Read and circle the correct words. Then listen and check your answers. TR: 1.7

- I've known my best friend *for* / *since* ten years.
- Our parents have been friends *for* / *since* about twenty years!
- We've studied at the same school *for* / *since* we were six years old.
- We've spent our vacations together *for* / *since* 2012.
- We used to fight a lot, but we haven't fought *for* / *since* a long time!

4 Write in your notebook. Answer the questions with two sentences. Use *for* and *since*.

How long have you done these things? How do you like them?

- have a bicycle
- have a skateboard
- know your sports teacher
- live in your house
- study English

- extremely
- incredibly
- really
- so
- very

SONG

- 1** Listen to the song. Number the words in the order that you first hear them (1-5). TR: 2.2



a. scientists



b. mummies



c. money



d. pottery



e. statues

- 2** Read the verses. Find a word or phrase that means the same. Then listen to the song in track 2.2 again.

Excavated (1) **kings**
were found by (2) **archaeologists**
Anglo Saxon (3) **treasure**
was (4) **discovered**
in the mist.

The Terra-cotta (5) **Army**
was found deep underground.
Just (6) **think** what you might find
if you look around.

- to have in mind
 rulers
 found
 gold objects and money
 group of soldiers
 people who study the past

- 3** Write. Imagine you are an archaeologist. What would you like to find? Write your ideas and then discuss them with a partner.

1. _____
2. _____
3. _____

GRAMMAR 1

Passive voice: Simple past

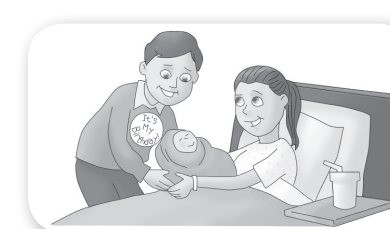
I / He / She	was	(not)	sent	to bed.	<i>was not = wasn't</i> <i>were not = weren't</i>
It			discovered	in a hole.	
We / They	were	(not)	given	homework.	

Question					Answer
When	were	you	born?		In 2010.
	Were	they	given	any homework?	Yes, they were. / No, they weren't.
	Was	it	discovered	near here?	Yes, it was. / No, it wasn't.

When you don't know who is doing the action, use the passive voice.

- 1** Look and write. Complete the sentences.

be born bury call find give hide



1. The coins were buried in a hole in the ground.
The police think they _____ many years ago by thieves.
2. A cat _____ in a tree this morning.
The firefighters _____. They came and saved it.
3. My daughter _____ on my birthday.
I _____ the best birthday present in the world: a daughter!

- 2** Write. What about you? Make three questions. Then answer with true sentences in your notebook.

1. When were you born? (be born)
2. _____ you _____ something cute when you were a kid? (call)
3. As a child, _____ you _____ a special gift that you still have? (give)
4. _____ you ever _____ to bed early? (send)