## B B C

# Speak out 



Workbook

Pearson

## BBC

## Speak out <br> 3RD EDITION



Workbook

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## Lesson 1A

GRAMMAR | present simple: I, you, we, they
VOCABULARY | jobs and studies
PRONUNCIATION | weak forms and linking: do you

## VOCABULARY

## jobs and studies

1 A Complete the phrases with the words in the box.

| art basketball bus hotel office tennis | business farm train university |
| :---: | :---: |
|  | player |
| \|................... | worker |
|  | driver |
|  | student |
|  | manager |

B Choose the correct word to complete the sentences.
$\mathbf{1}$ I'm a taxi $\quad$ and I work at night.
2 Are you a university ...........................
a driver
b player
c student

3 l'd like to be a business
a manager
b player
c driver

4 I'm an office ..............................and I work from 9 to 5.
a driver
b student
c worker

5 Would you like to be a train ?
a driver
b player
c student

6 My favourite tennis.
b player
c driver
2 A Complete the words with one letter in each gap. Some letters are given.
1 a t......
$2 \mathrm{~s} \ldots \mathrm{p} a \mathrm{~s} \quad \mathrm{~s} \quad \mathrm{a} \ldots \mathrm{t}$
$3 \mathrm{p} \ldots \mathrm{l}, \mathrm{l}$
4 e................er
5 p.........................er
6 wr......... $r$
7 l...........er
8 n ....rs
9 re i i.........d
10 un............plo......ed
B Match the jobs from the box with the sentences (1-6).

> digital designer doctor pilot politician scientist singer

1 I help people who are ill.
2 I make music.
3 I work in the government.
4 I study new medicines.
5 I make websites for different companies.
6 I fly planes.

## GRAMMAR

present simple: I, you, we, they
3 A Choose the correct word to complete the sentences.
1 They don't / are / do scientists.
2 We don't / aren't / do speak Japanese. We speak Korean.
3 A: Do you like sport? B: Yes, I like / am / do.
4 My parents do / are / don't from Berlin.
5 A: Are Ricky and Sam brothers?
B: No, they aren't / don't / are.
6 They are / don't / aren't Spanish. They're Portuguese.

B Complete the text with one word in each gap.

| I have an international family. My wife and I |  |  |  |
| :---: | :---: | :---: | :---: |
| 1 | Polish, but we ${ }^{2}$ | live in Poland. |  |
| We ${ }^{3}$ |  | in Scotland. Our children |  |
| 4 | Scottish and the |  | En |
|  | my parents live |  |  |
| 7 | . They ${ }^{8}$ |  | peak |
| Fren | nd English! |  |  |

C Put the words in the correct order to make questions.
1 you / speak / Do / Spanish?
2 from / are / Where / they?
3 Chiara / Do / know / you?
4 come / do / from / you / Where?
5 your children / Do / go / near here / school / to ?
6 have / we / tonight / Do / homework?
7 pizza / like / your parents / Do?
8 do / How / you / know / Tim?
D Match the answers (a-h) with the questions (1-8) in Ex 3C.
a I'm from Turkey.
b We work together.
c Yes, they do. They love it!
d No, I don't. I speak Greek.
e Yes,I do. She's nice.
f Yes, we do. It's Exercise 8.
g They're from Egypt.
h No, they don't.

## PRONUNCIATION

4A 1.01 \| weak forms and linking: do you | Listen to the sentences. Choose the stressed word in each of the sentences.
1 How do you know Sarah?
2 Do you like your job?
3 Do you work with Paul?
4 Where do you live?
5 What do you do?
6 Do you come from Poland?
B

1) 1.01 | Listen again and repeat.

## LISTENING

5 A 1.02 | Listen to the conversation. Choose the things the three people talk about.
a how they know each other
b their children
c countries/nationalities
d work
e food and drink
B
1.02 | Listen again. Are the statements True (T) or False (F)?
1 Ashley and Eliana don't know each other.
2 Scott and Eliana work together.
3 Scott and Ashley work together.
4 Eliana is from the USA.
5 Eliana is here for a meeting.
6 Ashley is a nurse.
C 1.02 | Listen again. Complete the sentences.
1 How
things?
2 Not bad.
3 Eliana, is Ashley.
4 Nice to you.
5 How do you each other?
6 Are you the USA?

7 you live here?
8 What do you
Ashley?

## WRITING

write a personal profile; use capital letters
6 A Read the personal profile from a blog. Complete the information.

1 Full name:
2 Job:
3 Nationality:
4 Home town:
5 Interests:
6 Email:

## ABOUT ME

hi, my name's Frank Bacall and I'm a travel writer. I'm from cape Town in South Africa. I love my job because I go to lots of different countries. I often visit Thailand, france and the USA. I love to meet
 people and learn languages. I speak Spanish, Portuguese and a little thai. I'm interested in sport, too. I play tennis and badminton.
welcome to my blog. i hope you like it! If you want to know more about the places I visit, then please contact me at fcb@mailer.com.

B Find and correct six mistakes with capital letters in the profile.

C Imagine you are Bruna Pereira. Write your profile using the information below. Write 80-100 words.


| Full name: | Bruna Pereira |
| :--- | :--- |
| Job: | singer |
| Nationality: | Brazilian |
| Home town: | Rio de Janeiro |
| Languages: | Portuguese, Spanish, a little English |
| Interests: | tennis, cinema |
| Email: | b.pereira@songcamp.com |
|  |  |

## Lesson 1B

## VOCABULARY

## common verb phrases

1 A Match (1-8) with (a-h) to make sentences.
1 I'd like to play
2 Jiya and Carlos study business
3 We teach
4 I work
5 You live
6 Do they have
7 I always go
8 At the weekend, I get up
a and economics at university.
b a car?
c late.
d from home two days a week.
e guitar.
f to bed early on Sundays.
g students from lots of countries.
h alone in a small flat.
B Choose the correct word to complete the sentences.
1 Do you out a lot at the weekend?
a live
b go
c get up

21
from home, not in an office.
a work
b play
c live

3 At the weekend I usually... ․ running.
a play
b have
c go

4 We
in a small village.
a have
b go
c live

5 Do you
tennis?
a play
b go
c have

6 We need to

- up up early tomorrow.
a live
b get
c have

C Put the words in brackets in the correct order to make sentences.

## What do you do? What's your day like? Write your answers!

[tom93] I live in London. ${ }^{1}$
(university / I / a / teach / at). I love my job!

[laylaamr] I live in a village. ${ }^{2}$
(day / I / up / early / every / get). I go running before work.
[stargrl] I'm a singer. ${ }^{3}$
(also /guitar / I / the / play). I'm in a band.
[greenlife] I live with friends. ${ }^{4}$
(a / go / we / out / lot). We like parties!
[sol3] I work for a small company. (money / make / of / a
lot / don't / I).

## GRAMMAR

## present simple: he, she, it

2 A The sentences below have a mistake. Choose the best option to correct the mistake.
1 What time your brother finishes work?
$\mathbf{a}$ is your brother finish $\mathbf{b}$ does your brother finish c your brother finish
2 Kate and her friends lives together.
a live
b are live
c is live

3 Robin don't go out a lot.
a isn't
b aren't
c doesn't

4 Your children like their school?
a Do your children
b Does your children
c Are your children

B Choose the correct words to complete the text.

My brother is a nurse and he ${ }^{1}$ work / works at a hospital in our city. He ${ }^{2}$ start / starts work at 10 a.m. every day and ${ }^{3}$ finishes / finish at 9 p.m. On Saturdays, when he ${ }^{4}$ doesn't / isn't at the hospital, he ${ }^{5}$ eats / eat lunch at a café with friends. I usually ${ }^{6}$ visit / visits him on Sundays and we ${ }^{7}$ play / plays tennis and ${ }^{8}$ cook / cooks lunch together. On Sunday evenings he ${ }^{9}$ study / studies Italian for an hour and then ${ }^{10}$ go / goes to bed early.

C Complete the sentences with the correct form of the verbs in the box.

```
get up go goout have
start study teach work
```

a She work at 9 a.m. She from home.
b After that, she $\qquad$ with friends.
c She running, then breakfast.
d In the evening, she $\qquad$ French.
e Anika at 5 a.m.
f In the afternoon, she $\qquad$ students online.

D Put sentences (a-f) in Ex 2C in the correct order to describe Anika's day.

## PRONUNCIATION

3 A 1.03 |third person -s | Listen and choose the correct -s sound for each verb (/s/,/z/ or /iz/).
1 studies
6 finishes
2 sits
7 goes
3 works
8 stops
4 stays
9 watches
5 does
10 lives

B (1) 1.03 | Listen again and repeat.

## READING

4 Choose the correct word to complete the sentences.
Rowan is a shop assistant. He
in a supermarket. He starts at 12 p.m. and he finishes at 8 p.m.
a lives
b works
c meets

5 A Read the article. Are the statements True (T) or False (F)?

1 Annie is Rowan's wife.
2 Annie's boyfriend is Spanish.
3 Rowan works for eight hours every day.
4 Annie always sees Rowan at the weekend.
5 Annie and Rowan go to the same school.
6 They like doing the same things.
7 Rowan likes sport.
8 Annie likes cooking.
B Read the article again. Choose one option (a-c) to complete the questions (1-6).
1 What's Annie's job?
a a teacher
b a shop assistant
c a lawyer
2 What does she do in the morning?
a She has breakfast and goes to work.
b She reads books or studies.
c She goes to Spanish classes.
3 What does she do on Thursdays?
a She studies.
b She cooks dinner.
c She watches TV or reads books.
4 How does Rowan know Annie?
a from work
b from his Spanish class
c from school
5 What does Annie hate?
a watching films
b cooking food
c going to the cinema
6 What does Annie say about being different to Rowan?
a She doesn't like it.
b She likes it.
c It's OK.

## Best friends but different!

## Rowan

My best friend is Annie. She's great. We have very different lives though. She's a lawyer. She gets up at 7 a.m. every day.


She has breakfast and then goes to work. She often works late (sometimes until 9 p.m.!), but not on Thursdays. She has a Spanish class on Thursday evenings. She studies Spanish because her boyfriend is from Argentina. I don't study. I'm a shop assistant and I work in a supermarket in the centre of town. I don't start work until 12 , so I usually get up late around 10.30 a.m. I go to work by bus and work hard all day. I finish work at 8 p.m., then come home and cook dinner. Annie and I have very different lives, but we still make time to see each other.

## Annie

I know my good friend Rowan from school. We live in the same town and we always see each other at weekends.


We have different interests, so it's usually interesting to spend time together! Rowan plays a lot of sports, like football and tennis, but I like going for walks or to the cinema. So, how do we decide what to do in our free time? It's easy. One weekend I choose what to do, and the next weekend Rowan chooses. This weekend I want to watch a film, and next weekend Rowan wants to cook dinner. He loves cooking, but I hate it, so he cooks and I eat. It's perfect. I think we're good friends because we do things together that we don't usually do alone.

## VOCABULARY

## adjectives for feelings

1 Complete the sentences with the adjectives from the box.

```
all right angry bored hungry
ill relaxed thirsty tired
```

1 Can I have some water? I'm really
2 Greg isn't at work today. He's at the doctor's because he's
I'm sorry I'm late. Please don't be
I'm ... Let's do something interesting.
5 I feel........................ not happy, not sad. Just normal.
6 I want to go to bed. I'm very
What time is dinner? I'm really
I always feel
after a hot bath.

## time phrases

2 A Choose the correct answer to complete the sentences.
1 I get up - / on / at 5 a.m. every day.
2 Do we have a class next / at / on week?
3 Let's play tennis on / - / next tomorrow.
4 I teach German at / on / this Tuesdays.
5 I have an English class at / - / on Thursday morning.
6 What shall we do this / next / at evening?
B Complete the messages with one word in each gap. If no word is necessary, write (-).

| $\leftarrow$ ■ ¢ : |  |  |  |
| :---: | :---: | :---: | :---: |
| English class |  |  |  |
| Aiko: Do we have a class ${ }^{1}$ |  | tod |  |
| Victor: Yes, it's ${ }^{2}$ noon. |  |  |  |
| Gloria: I can't come. I need to study for a French test ${ }^{3}$ tonight. |  |  |  |
| Victor: Oh! Good luck, Gloria! |  |  |  |
| Aiko: Gloria and Victor, do you want to do something ${ }^{4}$ weekend? |  |  |  |
| Gloria: Sure! Can we meet for a coffee$\qquad$ Saturday? |  |  |  |
| Victor: I can't do Saturday. Can we meet Sunday afternoon, 1 o'clock? |  |  |  |

Aiko: That's fine with me.
Gloria: Great! See you ${ }^{8}$ the weekend!

## How to ...

## make suggestions

$3 A \subset 1.04$ | Listen to the conversation. Answer the questions with Mike (M) or Fran (F).
1 Who feels hungry?
2 Who has a class at twelve?
3 Who asks to meet at the café on East Street?
4 Who loves the café?
5 Who asks to meet at two?
B $\quad$ B 1.05 | Listen to the recording. Write what you hear. You will hear the sentences only once.
1
2
3

## PRONUNCIATION

4A 1.06 | intonation to show interest | Listen to the phrases. Do the people sound interested (I) or not interested ( N )?
1 Sure! 4 Perfect!
2 Good idea.
5 Sure, that's fine.
3 I'd love to! 6 OK.

B
-1.07 | Listen and repeat the interested phrases.

## SPEAKING

5A 1.08| Complete the conversation with the words in the box. Then listen and check.

```
bye can't OK things would
```

A: Hi!
B: Hello, how are ${ }^{1}$ ?
A: I'm bored. How about you?
B: I'm all right. ${ }^{2}$ you like to have dinner?
A: Good idea. How about meeting at 5 o'clock?
B: Sorry, $I^{3} \quad$. What about 6.30?
A: Sure. Can we meet at the restaurant?
B: ${ }^{4}$
A: Perfect! See you then.
B: See you then. ${ }^{5}$
B (1) 1.09 You are $B$ in the conversation in Ex 5A. Listen and speak after the beep. Record the conversation if you can.

C Listen to your recording and compare it with the model in Ex 5A.

## Lesson 1D

GRAMMAR | possessive 's, s' LISTENING | talk about family

## GRAMMAR

## possessives: 's, s'

1 A The sentences below have a mistake. Choose the best option to correct the mistake.
1 My brothers' name is Harry.
a brothers
b brother
c brother's

2 This isn't my room. It's the childrens'.
a children's
b children
c childrens

3 Where are the keys of Anna?
a the keys' of Anna
b Anna's keys
c Annas' keys
4 Mia's Tim sister.
a Mia Tim's
b Mia's Tim's
c Mia's Tims'

B Complete the conversation with seven apostrophes (four for possession and three for contractions).
A: Whos that in the photo?
B: Thats my sister and her family. Her names Charlotte. Her husbands name is Andy, and they're both teachers.
A: Do they have children?
B: They have a daughter. Their daughters name is Emily. They also have a dog. Their dogs name is Buster.
A: Do you live near your parents?
B: Yes, we all do. My parents house is in the street next to us, so we all live quite near.


## LISTENING

2 A 1.10 | Listen to Grace and Marco talk about their families. Complete the table.

|  | Grace | Marco |
| :--- | :--- | :--- |
| From: |  |  |
| Lives in: |  |  |
|  |  |  |
| Job: |  |  |

B
1.10 | Listen again. Complete the gaps in the family tree (1-8) with the names in the box.
Alan April Deepak Leila
Oliver Sally Veronika Zach


1



5


Marco


7


Emma



Jay


6

## VOCABULARY

## food and drink

1 A Complete the words. The first letter is given.

10 $\qquad$ 5 e

6 a

7 b

8 y

B Complete the conversation with the words in the box.

```
applejuice bread carrots cereal
chicken grapes noodles oil pear sugar
```

A: What do you have for breakfast?
B: First I have coffee. I need it to wake up in the morning! But I don't have any ${ }^{1}$ in it. Then I have ${ }^{2}$ $\qquad$ or ${ }^{3}$ 3 and butter.

A: I don't eat breakfast. I don't have time in the morning. But I drink green tea or ${ }^{4}$

B: No breakfast! Are you hungry at work?
A: Yes! Sometimes I eat lunch early, at 11 a.m. I go to a café near my office for lunch. I like hot 5 .................... with vegetables. I'm a vegetarian, though, so I don't have any ${ }^{6}$ $\qquad$ with it.

B: I like vegetables for lunch, too. I make a salad when I work at home. I make it with lettuce, tomatoes and ${ }^{7}$ $\qquad$ I put ${ }^{8}$ $\qquad$ on it, too.

A: Yum! But I need a big lunch. So I always eat a $9 \quad$ or some ${ }^{10}$ $\qquad$ as well.

## GRAMMAR

## countable and uncountable nouns; $a, a n$, some, any

2 A 国 Choose the correct answers to complete the sentences.
1 We haven't got a / two / any orange juice.
2 Would you like a / some / three sugar?
3 A: Do you like a/-/ some cheese?
B: Yes, I love it!
4 Can I have a / any / some broccoli, please?
5 Do you want any / an / a apple?
6 Let's buy any / some / a noodles.
B Choose the best option (a or b) to correct the mistakes (1-8) in the conversation.

A: Hi Carl. Are you at the supermarket?
B: Yes, I am.
A: Great. Can you get ${ }^{1} \underline{a}$ bread? We don’t have ²some.
B: Sure. Just that?
A: Yes. Oh, wait. Can you also buy ${ }^{3}$ any chillies, please?
B: OK ... chillies. Ahh. They don't have ${ }^{4}$ anything fish, so we can't eat that tonight. But they have a ${ }^{5}$ lots of prawns. Do you want ${ }^{6} \underline{a}$ ?
A: Yes. Good idea. Can you buy ${ }^{7}$ an rice, too? And maybe ${ }^{8}$ any melon, to eat after dinner?

B: Sure. See you soon.
1 a one
b some
2 a any
b one
3 a lot
b some
4 a some $\quad \mathbf{b}$ any
5 a lot b some
6 a an b any
7 a some b a
8 a some b something
C $\quad 2.01$ | Listen and check.

## PRONUNCIATION

3 A 2.02 |the weak / $/$ / sound: $a$, an, some | Listen and complete the sentences.
1 Would you like $\qquad$ cheese?
Can I have $\qquad$ orange, please?
I'd like $\qquad$ melon.
Let's buy $\qquad$ mushrooms.
I don't want egg.
6 We need oil.
Would you like lemonade?
Can you buy
$\qquad$ cucumber and avocado?

B2.02 | Listen again and repeat.

## LISTENING

4 A 1 2.03 | Listen to the conversation. Match the people $(1-3)$ with the food they like (a-c).
1 Theo
a vegetables
2 Yuki
b meat
3 Jake
c fish

B 1 2.03 | Listen again. Which items do they NOT mention?

```
broccoli cheese fish ice cream lamb
lemonade olives meat orange juice
pasta prawns strawberries
```

C $\downarrow 2.03$ | Listen again. Are the statements True (T) or False (F)?
1 Theo likes lamb.
2 Yuki doesn't eat fish.
3 They sell prawns at the market.
4 Jake doesn't like broccoli.
5 They don't buy anything for dessert.
6 They buy lemonade for Jake.

## WRITING

write an online comment; use linking words: and, but, or

5 A Read the social media post and the replies. Match the people with the food they like.
1 onions
2 pears
3 fish
4 cucumber
5 sparkling water
6 tomatoes
B Choose the correct words to complete the sentences.
1 This food is delicious, but / or it's not very healthy.
$\mathbf{2}$ I usually have my lunch with sparkling water and / but lemonade.
3 For dinner I usually have salmon, rice and / but broccoli.
4 I like fish, but / or I don't like prawns.
5 Do you want pasta but / or noodles for dinner?
6 I have yoghurt but / or fruit for breakfast every day.
C Find more examples of and, but and or in the online comments.

6 A You are going to write a reply to the post. First make notes to answer these questions.

- What is it?
-When do you eat it?
- What drink do you have with it?

B Write your comment. Use and, but and or. Write about 50 words.

## What's your favourite healthy food?



This is a photo of my favourite healthy food - a rainbow salad. I usually eat meat or fish for dinner, but not today! I like this salad because it's easy to make. You use lots of vegetables with different colours! This one has green cucumber, red tomatoes, red onions, yellow peppers and green herbs. I like to drink sparkling water with it.
Jaylan, Australia


That looks very nice, Jaylan. I want to make it and eat it! My favourite healthy food is Moqueca. It's a fish soup that we eat here in the north of Brazil. You can buy it in other countries, but it's not the same. It's fish, red peppers, onions or other vegetables in a tomato sauce. Mmm, I can smell it now! Giselle, Brazil


My favourite healthy food is a fruit salad. I make it with strawberries, melon and pears. I sometimes use oranges too, but when I don't have any, I add a little bit of lemonade or sparkling water. It's great on a hot day when I feel thirsty.
Tom, Canada

## VOCABULARY

## everyday activities

1 A Complete the conversations with the correct form of the verbs in the box.

```
check get up go (x2) go to meet spend (x2)
```

1 A: Do you want to shopping with me on Saturday?
B: Sorry, I can't. I always ...................... my mum for lunch on Saturdays.
-
2 A: Does Amanda always
early?
B: Yes, she does. She running before work.
3 A: I work a lot, but l'd like to ..................... time with my family.
B: Me too. The problem is that my son lot of time online!
4 A: You need to .... the meeting at ten.
B: OK. I just need to
my emails first.
B
届 Choose the correct word or phrase to complete the sentences.
1 Do you time with your family at the weekend?
a go
b spend
c meet

2 I usually
running every morning before breakfast.
a do
b get up
c 90

3 your messages before the meeting.
a Check
b Meet
c Get

4 Let's. for coffee tomorrow morning. a get up
b spend time c meet
5 I don't want to the weekend.
a go to
b get
c 90

6 It's Sunday tomorrow. We can
c goto
C Choose the correct words to complete the profile.

## My weekend

At the weekend, I usually ${ }^{1}$ go / get up early on Saturday and ${ }^{2}$ go / get shopping at the market. I go early because it's busy later. After that, ${ }^{1}{ }^{3}$ take / meet friends for lunch. In
 the afternoon, I like to ${ }^{4}$ spend / do time with my boyfriend. We go to the park, or go to the cinema. We do something together because ${ }^{5}$ make / spend a lot of time at work. I try not to ${ }^{6}$ check / spend emails on my phone at the weekends! On Sunday, I get ${ }^{7}$ on / up late and have lunch with my family. Sometimes $1^{8}$ go / get running in the afternoon. Then I relax in the evening.

## GRAMMAR

## adverbs and phrases of frequency

2 A 㞏 The sentences below have a mistake. Choose the best option to correct the mistake.
1 I meet my sister for lunch every Tuesdays.
a always Tuesday
b every Tuesday
c everya Tuesday

2 Jack doesn't work usually at the weekend.
a don't work usually
b usually don't work
c doesn't usually work
3 I always am tired at the end of the day.
a Am I always b I am always
c Always Iam

4 He plays football twice in week.
a twice weeks b twice week
c twice a week
B Choose the correct words to complete the sentences.
1 I often / never get up early. I love to sleep!
2 Often we / We often meet for lunch at a café.
3 I go shopping with my mum every weekend / weekends.
4 I check my emails three or four time / times a day.
5 I never am / am never late for school.
6 How / When often do you go on holiday?
7 | sometimes / always finish work late, every day!
8 Jamie hardly ever reads / doesn't read books.
C Put the words in brackets in the correct order to make sentences.

1
(quiet / It's / never) in the mornings in our house. There's lots to do before work and school. ${ }^{2}$
(up / My / late / often / gets
/ son), so he doesn't have time to have breakfast. I
make it for him every day, but ${ }^{3}$.
(ever
/ it / he / eats / hardly). I eat cereal and have a coffee in the kitchen, but ${ }^{4}$
(usually / news
/ to / my / the / listens / wife) in the bedroom while
she gets ready. ${ }^{5}$
(listens / music /
daughter / often / My / to) in her bedroom, too. Then the dog wakes up and runs around the house. It's crazy! However, ${ }^{6}$
(never / work / I'm / late / for)!

## PRONUNCIATION

3 A 2.04 | linking | Listen and complete the sentences with one word in each gap.
1 We have Spanish classes twice a
2 I go to a party once a
3 I check my messages once a ................
4 We meet for lunch every
5 We only go on holiday once a
6 I check my emails once an
B $\quad$ 2.04 | Listen again and repeat. Practise the linking between words.

## READING

4 A Complete the quiz with the words in the box.

```
always ever every often on
sometimes twice weekend
```

B Answer the questions for you. Then read the key and check your answers.

## Key

Mostly a: You like being with other people. You have a lot of friends and you're happy when you spend time with them. It's important to be alone sometimes, too.

Mostly b: You like to be with other people and you have a good group of friends. But sometimes you like to do things alone and have a quiet time. Both are important to you and that's a healthy way to spend your time.

Mostly c: You like being alone most of the time. You hardly ever spend time with other people and you don't feel bored when you're alone. That's fine, but it's good to be with your friends and family, too. Try to meet a friend for coffee or lunch sometimes.

C Read the descriptions. Match the person (1-3) with the section of the key $(a-c)$ in Ex 4B.

1 Sofia is a writer and spends a lot of time online. She has 1,000 friends on social media, but doesn't know all of them. She thinks short work meetings are useful. She plays tennis twice a week with her friend. At the weekend she usually meets another friend for dinner. She hardly ever goes to parties.
2 Samuel is a doctor. He works hard in the week and often leaves the hospital at 8 p.m. He gets up early and goes running every day before work. At the weekend he spends time online and sometimes meets a friend or his family for lunch. He likes to read interesting articles and the news.
3 Adesh is a digital designer. He likes long meetings and talks a lot about work with other people. He always gets up late at the weekend because he spends time with his friends on Friday and Saturday nights. They like parties! On Sunday afternoons he plays football in a local team.

## QUIZ <br> Alone OR <br> together?

Some people like to do things with other people. Some people like to do things alone. Do our quiz and learn about yourself.

## 1 How often do you meet friends for coffee?

a I meet a group of friends for coffee
1 a week or more.
b Once a week or less. I meet a friend and we talk about our lives.
c Hardly ${ }^{2}$ $\qquad$ I like to read a book while I drink coffee.

## 2 What type of exercise do you like?

a Team sports. I meet friends and play sport once a week.
b I usually go running with a friend at the ${ }^{3}$.
c I go running alone, never with other people.

## 3 How do you spend time online?

a $1^{4}$ use social media and talk online with my friends.
b I use social media and I sometimes watch videos.
c I read websites about things I like.

## 4 <br> How ${ }^{5}$ <br> do you go to parties?

a ${ }^{6}$ $\qquad$ weekend. My friends always have parties!
b Rarely. Maybe five or six times a year.
c Never. I don't like parties.

## 5 Do you get up late at the weekend?

a Yes, always. And I come home late? Fridays and Saturdays!
b Usually, but sometimes I get up early.
c No. I always get up early at the weekend. I like the quiet mornings.

## 6 Do you like meetings?

a Yes, it's good to talk to people I work with.
b ${ }^{8}$, but only if they're short.
c I hate them. I like to work alone.

## VOCABULARY

## restaurant words

1 A Choose the correct word or phrase to complete the sentences.

1 I don't want a starter / main course / dessert. I'm not hungry after that meal!
2 Can you ask the waiter / bill / service charge for some more water?
3 Let's have a starter / main course / dessert. I'd like the soup.
4 Give me the starter / side dish / bill. I can pay.
5 Let's have a nice waiter / service charge / dinner for two at that new Italian restaurant.
6 Wow, that's expensive. Is a service charge / bill / waiter included?

B Complete the menu with the words in the box.

```
bill desserts dinner for two main courses
service charge starters waiter
```

SET MENU:

Soup of the day Sushi platter

Beefburger with chips* Nut roast


Note: We add a $10 \%^{5}$
to the
*We also have a vegetarian burger - ask your about this.

## How to ...

## order a meal in a restaurant

2A 1 2.05 | Listen to two people in a restaurant. Does the man (M) or the woman (W) order food (1-4)?
1 fish
3 olives
2 lamb
4 soup

B $\mathbf{A} \mathbf{2 . 0 5}$ | Listen again. Complete the sentences with one word in each gap.
Good evening. Do you have a ?
Yes, we have a table $\qquad$ two for 8 p.m.
3 Can we have a
near the window?
4 you ready to order?
5 the starter, l'd like the olives, please.
6 And l'd $\qquad$ the lamb for the main course.
Would you like something
drink?
How is your
?

## PRONUNCIATION

3 A 2.06 | polite intonation | Listen to the requests. Do the requests sound polite ( P ) or not polite (NP)?
1 Can we have some water, please?
2 Could I have a salad, please?
3 Can I have some chips?
4 Could we have a table near the window?
5 Can I have the soup, please?
6 Could we have the bill at the same time?
B $\quad$ 2.07 | Listen and repeat the polite requests.

## SPEAKING

4A Complete the conversation with the responses (a-e).
Waiter: Good evening, do you have a reservation? Customer: ${ }^{1}$

Waiter: Are you ready to order?
Customer: ${ }^{2}$
Waiter: Yes, of course. And for the main course?
Customer: ${ }^{3}$
Waiter: Would you like something to drink? Customer: ${ }^{4}$
Waiter: Yes, certainly.
Waiter: Would you like to look at the dessert menu? Customer: ${ }^{5}$
Waiter: Yes, of course.
a Yes. For a starter, can I have the salad, please?
b No thanks. Could we have the bill, please?
c Yes, we have a table for two for half past six.
d I'd like the chicken, please.
e Could I have some sparkling water, please?
B $\quad$ 2.08 | Listen and check.
C D 2.09 | You are the customer in the conversation in Ex 4A. Listen and speak after the beep. Record the conversation if you can.

D Listen to the recording and compare it to the model in Ex4B.

## GRAMMAR

## like, hate, love + -ing

1 A Choose the correct word or phrase to complete the sentences.


B Complete the conversation with the -ing form of the words in the box.

```
do get up meet shop
spend study swim walk
```

A: What do you like ${ }^{1}$
 at the weekend?
B: Well, I don’t like ². $\qquad$ early! I usually do some exercise. I enjoy ${ }^{3}$ and I usually go on Sunday, with my family. What about you?
A: I love ${ }^{4}$ $\qquad$ time with my friends. We like 5 for coffee or for lunch on Saturday
I hate ${ }^{6}$ at the weekend, but I have a big exam soon at university, so I sometimes do that. I also like ${ }^{7}$ for clothes at the big centre in town. Do you like that?
B: No, I hate ${ }^{8}$
around the town centre!

## READING

2 A Read the article and answer the questions.
1 Where is the race?
2 What do people who finish it get?
B Read the article again. Are the statements True (T) or False (F)?
1 The race happens in the summer.
2 The race is the same as 11 marathons.
3 The race is only in one part of the city.
4 People in the competition run for six hours a day.
5 Anybody can run in the competition.
6 The runners eat a lot of food.
7 It isn't cold at that time of year.
8 All runners who finish the race get a T-shirt.


Some people enjoy running, but these people love it. This $5,000 \mathrm{~km}$ race happens every year from June to August. $5,000 \mathrm{~km}$ is the same distance as from the East to the West of the USA, plus eleven marathons (a marathon is 42.2 km ). But runners in this race run around a single city block ( 925 metres) in Queens, New York, over and over again!
The race lasts 52 days, and people run from 6 a.m. until midnight, every day. Most people in the competition run about 100 km a day. They only have six hours to wash and sleep each day. They need to visit the doctor before they enter, to check they are strong and healthy.
People give the runners vegetarian food to eat while they run. They need to eat all the time because they use a lot of energy when they do the race.
It's very hot in New York at this time of year and sometimes there is a lot of rain, too. Runners often carry umbrellas while they run! Not everyone finishes the race, but runners receive a T-shirt if they do. It's not much, but people don't do it for the prize. They do it because it makes them feel good.


