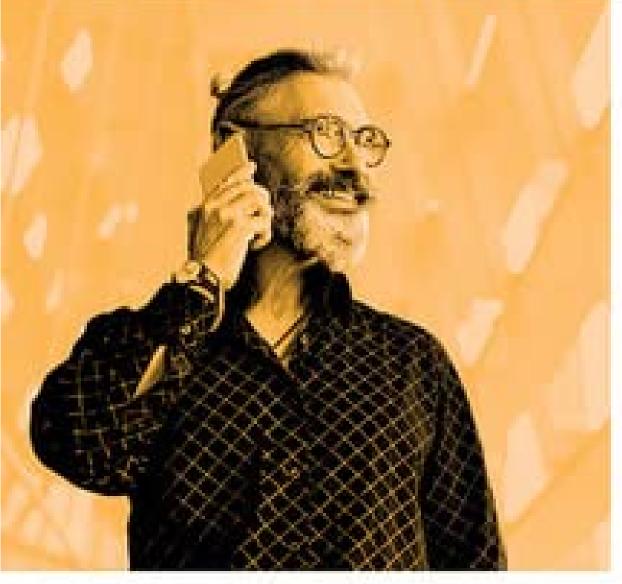


Speak out









Lindsay Warwick

Workbook





common verbs

1	Choose the correct word or phrase to complete
	the sentences.

1	Slow, quiet mu	sic helps me	to sleep
	a go	b cry	c join
2	I want to	a spoi	rts club.
	a hide	b join	c pack
3	Are you	for a ta	axi?
	a waiting	b waking up	c hiding
4	My best friend	now lives abroa	d and I really
		75 E	c miss
5	We need to	a b	ag for our trip away.
	a pack	b miss	c hide
6	1	my key behind	d a book so no one
	can find it.	120 2	
	a hide	b pack	c lock

everyday activities

2 A Match the sentence beginnings (1–6) with the endings (a-f).

1 It	's dark. Let's switch	a	my teeth and go to bed.
2	didn't get	b	all the windows.
3 1	think I need to pack	c	the lights on.
4 L	et's do	d	the washing up.
5 l'i	m going to brush	e	some clothes in a bag.
6 It	's cold. Let's shut	f	dressed until 11 a.m.

B Complete the blog post with the words in the box.

away brush do dressed dry lock shut switch

A life of habits

My life is different to most people's. I wake up at 6 p.m.			
I get up and have a shower. I take my clothes out of			
the cupboard and I get 1	1 ²	my	
hair so it's not wet. I go and	eat dinner with my f	amily.	
I ³ the washing up	o. I dry the dishes an	d put	
them 4in the cup	board. I 5	my	
teeth. Then, I go to work. I work nights, from 10 p.m. to			
6 a.m. I get home at 7 a.m. That's when my family has			
breakfast. After they go to v	work, I watch some T	V. At	
about 10 a.m, I ⁶	any open windows, t	:ake	
out my key and 7	the door. I 8	off	
any lights and go to bed!			

GRAMMAR

questions

3 A Choose the correct word or phrase to complete the sentences.

1		drink do you w	vant – water or juice?
	a What kind	b Which	c How much
2		is our first me	eting this morning?
	a When	b Who	c Why
3	Who	that man	over there?
	a does	b is	c do
4		do you do in y	our free time?
	a How	b What	c Which sort
5		you live here?	
	a Are	b Is	c Do
6		do you travel 1	to college?
	a How many	b How much	c How far
C	omplete each qu	estion with one	word.
1	A:	do you play foo	tball?
	B 1 1 111 1	1 3 3	

C	om	plete each question with one word.
1	A:do you play football?	
	B:	I play at the local sports centre.
2	A:	When your birthday?
	B:	It's on the 12th July.
3	A:	What kind music do you like?
	B:	I like all kinds.
4	A:	do you ride a bike to work?
	B:	Because it's cheaper than driving.
5	A:	you got any sisters?
	B:	Yes, I've got one.
6	A:	How many childrenyou have?
	B:	I have three – two daughters and a son.
7	A:	How is your home from here?
	B:	It's about three kilometres.
8	A:	colour do you prefer, blue or green
	B:	Green. It makes me think of trees.

PRONUNCIATION

4A intonation in questions | Do the speakers' voices rise (R) or fall (F) at the end of each question?

- **1** Who's your closest friend?
- 2 What colour are his eyes?
- 3 Does Ben live on his own?
- **4** Do you like chocolate cake?
- 5 How can I help you?
- 6 Do you ever play volleyball?
- B 1.01 | Listen and check.

READING

5 Read the article. Choose the correct words to complete the sentences.

Mark and Hanna are ¹friends / married. Their lives are very ²different / similar.

6 A Choose the things that are the same for both Mark and Hanna.

- 1 birthday
- 2 place of birth
- 3 primary school
- 4 secondary school
- **5** job
- **6** type of home now
- 7 hobby

B Complete the sentences with a word or year.

1	Hanna's date of birth is 26 April
2	Mark was born in
	Hanna arrived in London when she was years old.
	After secondary school, Mark got a job in
	a
5	Hanna went to university in
6	Mark and Hanna studied at university.
7	Mark and Hanna studied at university for
	years.
8	Mark and Hanna both live on thefloor of their buildings.
9	Mark and Hanna met at a
10	Devon is a friend of Hanna's

C Who said these things, Mark (M) or Hanna (H)?

- 1 'Cooking food for customers in the summer is hot!'
- 2 'I really enjoyed spending time in my home country.'
- **3** 'I love working with students who are over 18. They're always really interested in my lessons.'
- 4 'It was good to go to a university close to home. I could still enjoy my mum's cooking!'
- 5 'One day, I want to live in an apartment on my own.'

New friends

Mark and Hanna are friends. They have a lot in common, and both went to the same school when they were very young. So why did they only become friends last month?

They were both born on 26th April. Mark was born in 1997 in London in the UK. Hanna was born in Amsterdam two years later. When Hanna was three, her family moved to the UK, to a house just ten minutes from Mark's home. They both went to Newbrook Primary School but they don't remember each other. Mark went to a different secondary school from Hanna.

After they finished secondary school, they each waited for a year before they went to university to study art. Mark worked in a restaurant to get some money and then travelled around Europe. Hanna went to Amsterdam and stayed with her aunt and uncle. Mark studied in London. Hanna went to Glasgow. They studied art for three years. Then, they both decided to stay at university for another year to become teachers. Mark finished university two years before Hanna. He got a job as an art teacher at a secondary school in London. Two years later, Hanna returned to London and got a job as an art teacher at an adult education college.

Today, Mark and Hanna both live in West London, in apartments that are on the fifth floor. Hanna lives alone, but Mark lives with a friend from university. They both enjoy going to museums and art galleries in their free time. In fact, they met at a museum. Last month, they went to a museum at the same time. Mark went with his friend Devon. Devon also knows Hanna because he's a friend of her cousin. And so, because of Devon, Mark and Hanna finally became friends!



Lesson 1B

GRAMMAR | present simple and continuous VOCABULARY | job phrases; jobs **PRONUNCIATION** | linking: are

VOCABULARY

job phrases; jobs

1 Ma	atch the speak	kers (1–8)	with the	jobs (a–ł	٦).
------	----------------	------------	----------	-----------	-----

I start work at 4 a.m. so the office looks good when people arrive at 8 a.m.

2 My group and I perform on stage. We often work with singers in theatres.

3 My manager couldn't do her job without me. I plan everything!

I love looking after animals and helping them to get better when they are ill.

5 My company makes clothes. work on one of the machines.

6 Sometimes, I write a story in a few weeks. Sometimes, in a few years!

Teeth are important to people. Everyone wants a nice smile.

8 I love showing people around my city and explaining its history.

e factory worker **a** author

b cleaner **f** PA

c dancer **g** tour guide

d dentist **h** vet

2 A Choose the correct word or phrase to complete the sentences.

1 It's the chef's _____ to manage the kitchen and make sure the food is good.

a career

b job **c** work

2 I decided to take the job and signed the _____.

a contract **b** pay **c** interview

3 I work in the technology _____.

a job **b** industry **c** career

4 I need more time to _____ my own business.

a do **b** sign **c** develop

5 The here is 20% higher than at other similar companies.

a pay

b interview **c** industry

6 I was happy when the manager of the company me the job.

a signed

b developed

c offered



B Complete the text with the words in the box.

business career contract industry interviews job offered pay

. My ²
with
es. Five of them
me a job. It
wasn't
re. I signed the
l was a tester so
ices. I was there
ne developing my
work for me now.

GRAMMAR

present simple and continuous

3 A 📑 The sentences below have a mistake. Choose the best option to correct the mistake.

1 Kate <u>aren't liking</u> the taste of coffee very much.

a isn't liking **b** doesn't like

c don't like 2 I am travelling a lot in my job.

a am travel **b** don't travelling

3 We're enjoy our holiday this week.

c 's enjoying

c don't travel

a 're enjoying **b** enjoy

4 I thinking your job is very important.

a 'm thinking **b** 'm think

c think

B Complete the phone conversation with the present simple or the present continuous form of the verbs in brackets.

١:	Hi Bella! It's Gio	orgio. How are you?	1
	you	(work)?	
	KI III		

B: No, not today.

A: But you ² (work) on Fridays.

B: Yes, usually, but not today. Today, I 3 (sit) in a café next to the river.

A: Nice! ⁴ you (have) lunch?

B: Yes. I usually make myself the same lunch every day, but today I wanted something different.

A: What ⁵ you usually (make)?

B: A boring cheese sandwich.

A: So, what ⁶ you (eat) today in the café?

B: Pasta. It's lovely. What are you doing?

A: I ⁷ (enjoy) a walk in the park!

B: Oh! Is Martin with you?

A: No, he 8 (have) lunch in the office.

he usually _____ (eat) at his desk?

A: Yes and so do I. Usually, we 10 (not / have) time to go out, but I want to enjoy the sun.

B: Me too. It's a beautiful day!

PRONUNCIATION

4 1.02 | linking: are | Listen and complete the questions with the words you hear.

1	What	today?
2	Why	in here?
3	Who	about?
4	What	for?
5	Where	now?

LISTENING

5 In the text that are different from what you hear.

People pay a Japanese man called Shoji Morimoto to go out with them, because they don't want to be alone. It can be to a restaurant, a party or a wedding. One person even paid him to say goodbye to them at a bus station when they left Tokyo to travel to a different city.



6 A 1.04 | Listen to a news story. What is Marta Morales's job?

- a She makes wedding dresses.
- **b** She helps brides on their wedding day.
- c She plans weddings for couples.

B 1.04 | Listen again. Are the statements True (T) or False (F)?

- 1 Some brides want someone at a wedding who is more fun than their friends.
- 2 Wedding guests always know that Marta is doing a job.
- 3 Marta first meets the bride on the wedding day.
- 4 Marta was surprised by the number of brides who want someone like her.
- 5 Marta always feels very excited at the end of a wedding day.

C 1.04 | Listen again and complete each sentence with a number or a word.

1 Marta gets paid £	for each wedding.
2 In her job, Marta has to s	stop people from
3 Marta started her comp	anyyears ago.
4 Marta worked in aworking with brides.	before she started
5 Marta usually feels home after a wedding.	when she returns

WRITING

an informal email

- 7 A Read the email. Choose the correct words or phrases to complete the sentences.
 - 1 Jamie is in Canada for a few months / a year.
 - 2 Jamie works / doesn't work eight hours a day.
 - 3 Jamie lives alone / with others.
 - 4 The place where Jamie is staying is / isn't small.
 - 5 Jamie asks a question about free time / work.

	:	ı	
н	ı	ı	

How are you? I'm living in Canada at the moment. I'm working as a ski instructor for the winter.

I'm living in an apartment with two other teachers.
The apartment's not big, but it's clean and
comfortable. The other teachers are a lot of fun.

B Complete the gaps in the email (1–5) with the sentences (a–e).

- a That's because I'm teaching children!
- **b** Write and let me know!
- c One of them is teaching me to play the guitar.
- d I'm in Banff.
- e Are you living in the same place?
- C You are going to reply to Jamie. Imagine you are in a different country doing one of the jobs in the box below, or a job of your choice. Make notes on the topics (1–4).

dancer English teacher at a summer school farm worker tour guide

- 1 general information about your life
- 2 your working day
- 3 your living situation
- 4 questions you want to ask Jamie
- D Write an email to Jamie. Tell him what you are doing. Use your ideas in Ex 7C to help you. Write 80-120 words.



feelings

1 A Match the statements (1–8) with the feelings in the box.

afraid confident interested lonely pleased positive stressed unhappy

- 1 I'm sure I can pass my driving test. I've had a lot of practice.
- 2 Bad things happen sometimes, but mostly things go well!
- 3 I don't like high places. I don't want to fall!
- **4** They offered me the job!
- 5 Moving to a new city is hard. I don't have anyone to talk to.
- 6 It's 4 p.m. and I have a lot of work to finish before I can go home.
- 7 The food arrived late and it wasn't what I ordered!
- 8 You lived in Mozambique? Wow, tell me all about it!

B Choose the correct word or phrase to complete the sentences.

- 1 I'm sorry you're afraid / pleased / unhappy with the room in your hotel.
- 2 Are you feeling confident / interested / **lonely** about your exam?
- 3 I'd like to try a dangerous sport, but I'm too afraid / positive / stressed!
- 4 I feel very interested / lonely / positive when I live on my own and no one comes to visit me.
- 5 I'm really interested / pleased / positive in learning more about these trees.
- 6 Eddie looks tired and confident / pleased / **stressed** today.

PRONUNCIATION

- 1.05 | stress in short phrases | Listen to the phrases and choose the word with the main stress (a or b).
 - **1** It's fine, really.
 - a fine **b** really
 - 2 You can do it!
 - **b** do a can
 - 3 It looks great!
 - a looks **b** great
 - 4 That's all right.
 - a all **b** right
 - **5** What do you think?
 - **b** think a you
 - **6** I know what you mean.
 - **b** mean a what

How to ...

encourage people

3 A 1.06 | Listen to the conversations (1-4). Are the statements True (T) or False (F)?

- 1 Someone is making some changes to their home.
- **2** Someone is running and wants to stop.
- 3 Someone didn't go to a meeting and is pleased about it.
- 4 A student wants to give a talk alone.

B 1.06 | Choose the correct words or phrases to complete the sentences. Then listen again and check.

- 1 Wow! It looks / watches great! Kind / Nice colour.
- 2 Well do / done! It's not an easy room to paint.
- 3 Just a few more minutes. You can do it / them.
- 4 You can! Go on / off! Keep running!
- 5 That's all right / wrong. I thought it was probably a bus problem.
- 6 Don't / Not worry. It's fine really / very. Just get a coffee and relax.
- 7 Not everyone likes giving presentations. I understand / 'm understanding.
- 8 That's / What's a great idea! Yes, that's fine.

SPEAKING

4A Complete the conversation with the words in the box.

mean that's think well worry you'll
A: My cousin wants me to introduce her and her new husband at their wedding dinner, but I've never talked in front of a lot of people before.
B: I know what you ¹ It's scary.
A: And my brother doesn't think I can do it.
B: Oh no! It's not important what he thinks. What do you ² ?
A: I think I can do it.
B: Then don't ³
A: Can I practise with you now?
B: Yes, ⁴ a good idea!
A: OK, here goes Ladies and Gentlemen, your attention, please. Please stand for the bride and groom, Mr and Mrs Brooks!
B: Oh, 5done! That was great! Very clear and confident.
A: Thanks! So, shall I tell my cousin I can do it?
B: Yes, 6 be great!
1.07 Listen and check.

D Listen to your recording and compare it to Ex 4B.

beep. Record the conversation if you can.

C 1.08 | You are B in Ex 4A. Listen and speak after the



Lesson 1D

GRAMMAR | verb + -ing form **LISTENING** | likes and dislikes

GRAMMAR

verb + -ing form

- 1 Find and correct one mistake in each sentence.
 - 1 I enjoy to develop new skills.
 - 2 My friend hates makeing mistakes.
 - **3** We don't mind cook in the evenings.
 - 4 I enjoying begining a new hobby.
 - 5 I hate no sleeping well.
 - 6 I'd love having a different job one day.
 - **7** Karen doesn't mind to helping me with my work.
 - 8 We not like working on Friday afternoons.
- 2 Complete the article with the correct form of the verbs in brackets.

Love and hate

We asked our readers about things they love and hate at the same time. This is what some of them said.



Max_327
I really enjoy ¹_____ (dance)
salsa, but salsa doesn't love me. I took
lessons and broke my foot!



Kat

I love ² (get) into a hot shower, but I hate ³ (get) out of it. It feels so cold!



Enrico
I like 4_____ (do) my job, but
I'd like 5____ (have) more
than one day off a week.



GinaB
I enjoy ⁶ (visit) other countries but I hate

7 (travel) there and back.



Adam99
I love 8 (see) my sister once a year but I hate
9 (say) goodbye to her.
I miss her so much!



CarFan42	
I don't mind 10	(take)
the bus or train but I'd	hate
¹¹ (use)	them all the
time. I love driving! Th	e problem is
that I hate 12	(be) on the
roads with other drive	rs!

LISTENING

3 1.09 | Listen to two friends. Complete the table with the things in the box.

baths in summer hot chocolate Monday mornings public swimming pools Sunday evenings walking

Louis's dislikes	Millie's dislikes

- 4 1.09 | Listen again. Choose the correct words.
 - 1 Louis doesn't like walking in cold / warm weather.
 - 2 Millie doesn't mind / hates losing games.
 - 3 Louis likes arriving at / leaving work late.
 - 4 Millie gets up early / late at the weekends.
 - 5 Louis prefers baths / showers.
 - 6 Millie enjoys / doesn't like hotel swimming pools.

5	1.10 Listen to the recording. Write what you
	hear. You will hear the sentences only once.

1	
2	
3	
4	



Lesson 2A

GRAMMAR | past simple and continuous
VOCABULARY | animals
PRONUNCIATION | weak forms: was, were

VOCABULARY

animals

- 1 Choose the correct words to complete the sentences.
 - 1 The cat's feather / fur / trunk was really soft.
 - 2 There was a huge spider's **shell** / **web** / **wing** near the door.
 - 3 Indian elephants have more hair on their **feathers** / **shell** / **skin** than African elephants.
 - 4 All elephants use their fur / trunk / wings to drink.
 - 5 The butterfly's shells / webs / wings were very colourful and pretty.
 - 6 The tortoise was inside its shell / skin / trunk.
 - 7 The bird flew away, but it left a few feathers / tails / webs behind.
 - 8 The dog's skin / tail / wing was moving up and down fast. It was happy to see me!
- 2 Complete the definitions with the name of an animal.

_	omplete the definitions with the name of an animati
1	a clever sea animal like a fish with a long grey nose:
2	a black and yellow flying insect that makes honey: b
3	a small animal with long ears and soft fur and sometimes with a short white tail: r
4	a small green animal that lives near water and uses its long legs to jump: f
5	a large wild cat with a yellow and black body:
6	a long thin animal with no legs that moves along the ground: s
7	an insect with four wings in pretty colours:

GRAMMAR

past simple and continuous

groups: w____

3 A The sentences below have a mistake. Choose the best option to correct the mistake.

8 a wild animal that looks like a dog and lives in

- 1 We drive along the road when we saw a bear.
 - **a** drove **b** were driving **c** were drove
- 2 I call for help when I saw the snake.
 - **a** were calling **b** called
- **c** was calling
- 3 What do you do at 8 p.m. last night?
 - a were you doing b did you do c were you do
- **4** We were swimming in the sea <u>which</u> we saw dolphins!
 - a what
- **b** while
- **c** when

- **B** Choose the correct words to complete the sentences.
 - 1 Yesterday, I saw a fox in the street while I walked / was walking home.
 - 2 Max had / was having goats when he lived in the country!
 - 3 I'm sorry I didn't hear / wasn't hearing your call. I was listening to music.
 - 4 My dog made / was making friends with a cat while we walked / were walking near the park.
 - **5** When my neighbour **crossed / was crossing** the road, she **fell / was falling**, but she's fine now.
 - 6 We found / were finding a lost dog and took / was taking it to the nearest vet's.
- C Complete the conversation with the past simple or past continuous form of the verbs in brackets.

A:	What ¹ yesterday?	(you / do) when I called you
B:		play) basketball in the park with om work. Sorry I didn't answer.
A:	That's all right. happened to me	called because something strange
B:	What?	
A:		en I ⁴ (hear) an
B:	What was it?	
A:		It ⁵ (lie) under a car. It I guess it couldn't find its mother.
B:	Oh no! What 6	(you / do)?
A:		call) an animal rescue centre. (come) and took it away.
B:	What happened	after that?
A:		speak) to the vet at the centre this e ¹⁰ (tell) me the fox
B:	Oh, that's good	

PRONUNCIATION

4A 2.01 | weak forms: was, were | Listen and complete the questions with the words you hear.

1	Where	basketball?
2	Who	to?
3	What	you?
4	Who	about?
5	Why	a bus?
6	What	early this morning?

B 2.01 | Listen again and repeat the sentences.

LISTENING

5 A 2.02 | Listen to a story about a man from Scotland. Number the actions in the order you hear them (1–8).

- a He travelled to Amsterdam.
- **b** A cat ran to him.
- c He went to Bosnia and Herzegovina.
- **d** They travelled to thirty countries.
- e He cycled up a hill.
- **f** The cat got a special passport.
- g He took the cat to the vet.
- h He travelled to Greece.

B 2.02 | Listen again and choose one option (a-c) to complete the sentences (1-6).

- 1 Dean travelled the world because he didn't enjoy
 - a where he lived.
 - **b** his manager.
 - c his work.
- 2 When Dean first saw Nala, he was travelling to
 - a Bosnia and Herzegovina.
 - **b** Italy.
 - c Montenegro.
- 3 Dean took Nala to the vet's office because he wanted to
 - a get Nala some medicine.
 - **b** find out about Nala's owner.
 - c check that Nala was well.
- 4 Dean says that Nala taught him to enjoy
 - a doing things more slowly.
 - **b** the sea more.
 - c being at home.
- 5 Dean can't go to some places with Nala because
 - a she can't get the right medicine.
 - **b** she doesn't have a pet passport.
 - c she can't stay in hotels.
- 6 People can learn most about Dean's story from
 - a his website.
 - **b** his social media page.
 - **c** his book.



C	₽	2.03 Listen to the recording. Write what yo	οι
	hea	r. You will hear the sentences only once.	

,	
-	
3	
1	

WRITING

an animal story

6A Read the story. Answer each question with one word from the story.

1	The writer rescued a	
	The writer rescued the animal from	
	someone's	
3	The home owner used his	to
	open the door.	

Animal rescue

Last year, I was out running when I saw a dog in the window of someone's house. 'Just then / First, I saw smoke coming out of the house. There was a fire!

²First / Later, I used my phone to call the fire service.

³Just then / Then, I ran to the door of the building and I rang the doorbell. The owner wasn't at home, but he had a doorbell with a camera. He answered on his mobile phone. I explained the situation. The owner used his phone to open the front door.

The dog ran out into the street. It was very happy to see me! The fire service arrived quickly. **First**, / **Later**, the owner arrived. He was also very happy to see me!

- **B** Read the story again and choose the correct time phrases to complete the sentences.
- C Imagine you rescued a cat from a tree. Make notes on these things.

The beginning of the story

- where you were
- who you were with and what you were doing
 The middle of the story
- where the cat was and why you needed to rescue it
- how you rescued it

The ending of the story

- · what happened in the end
- · how you felt
- D Write your story with the title Animal Rescue. Write 80–120 words.

Lesson 2B

GRAMMAR | definite article: *the*VOCABULARY | air travel; at the airport
PRONUNCIATION | strong and weak forms: *the*

VOCABULARY

air travel

1 Complete the blog post with the words in the box.

arrival time change delay due to arrive fly out flight land made a reservation take off

Ali	Eva	ns	- 10	minutes	ago
-----	-----	----	------	---------	-----

What a terrible start to my holiday in San Sebastián!

The plan was to 1 from London and then

in Madrid. Unfortunately, there was a

problem with my first 3 and it didn't

until 15.30. That was a 5 of over

two hours. At the start of the flight, the pilot said that

we were 6 in Madrid at around 18.00, but the

weather was terrible so we couldn't 7 there.

We went to a really small airport instead and then we had to take a bus to Madrid. My 8 at Madrid

airport was actually 20.30. It was too late to get a flight to San Sebastián.

at a hotel in Madrid and there's where I am now. I'm on the 11.55 flight to San Sebastián tomorrow. Hope it's on time!



at the airport

2 A Choose the correct word or phrase to complete the sentences.

1	The man at the		a	esk gave us our
	boarding passes.			
	a check-in	b	baggage	c customs
2	We went throughchecked our bags wit			
	a passport control		,	
3	We went to the board the plane.		a	nd waited to
	a departure lounge	b	customs	c check-in desk
4	We	the	e plane and	l found our seats.
	a changed	b	boarded	c got off
5	The woman at my fac			ntrol looked at
	a lounge	b	baggage	c passport
6	We walked through were checking luggag			where people
	a control	b	arrivals	c customs

B Complete the advice with one word in each gap.

For first-time users of an airport
in – show the staff your passport and ticket here. They take your large bags or suitcases and give you a 2 pass.
here, you put your coat, wallet, keys in a tray and put it through the X-ray machine. Staff check you're not carrying anything dangerous.
Departure 4 – go here to wait for your flight. Visit the shops and restaurants. Find your gate and 5 your plane when it's ready.
Passport 6 — show your passport to security staff after you 7 — off the plane in a different country.
reclaim – collect your luggage here.
9 – walk through this area. Staff might stop you and look in your luggage. Tell staff about any food or valuable items you have.
hall – meet your friends here, and exit the airport to get a bus, train or taxi.

GRAMMAR

definite article: the

- **3** A Choose the correct words to complete the sentences.
 - 1 Choose a seat, then put your bag on seat / the seat.
 - 2 Flight / The flight to Barcelona is quite short.
 - 3 It can take time / the time to find a cheap flight.
 - 4 I'd love to visit Sahara / the Sahara Desert!
 - **5** My flight leaves early in morning / in the morning.
 - 6 Please meet me at train station / the train station.

B Complete the story with the or no article (-).

On a trip to 1	Sardinia, the Italian island, my
	a car. We wanted to go to a beach
which ²	tourists didn't usually visit and
swim in 3	Tyrrhenian Sea. So, we put all our
bags in ⁴	car. I put the destination into
5map c	n my phone and we started our
journey. On the wa	y, one of the roads was closed. The
map gave us 6	different choices and we
chose the quickes	one. That was a mistake, because
7road g	ot worse and worse. It was scary!
After an hour, we o	ot to our destination. 8
sea was beautiful	and we were happy to be there, but
it took us a long ti	me to relax! In ⁹ evening,
we took a differen	route where the road was safer!
We learnt that onl	ne maps aren't always right and
10safet	is more important than time!

PRONUNCIATION

- 2.04 | strong and weak forms: the | Listen to the sentences. Is the pronounced in its strong (S) or weak (W) form?
 - 1 What's the name of your hotel?
 - 2 This is the only morning flight.
 - 3 I'd love to fly over the Andes.
 - 4 We have to wait in the departure lounge.
 - 5 My brother is in the arrivals hall.
 - 6 The plane isn't very big.

READING

- 5 Read the article. Match each traveller (A-D) with the item they lost or forgot about (1-4).
 - 1 passport
 - 2 purse
 - 3 mobile phone
 - 4 ring

6 A Read the article again. Are the statements True (T) or False (F)?

- 1 Darius asked others for help.
- 2 Darius's wife was upset about the ring.
- 3 Darius got a gift after his holiday.
- 4 Alice forgot something because she was helping someone else.
- 5 Alice thought it was funny when she found her phone.
- **6** Lucas found his passport when he was at the hotel.
- 7 Lucas's friends stayed with him in Mexico.
- 8 Lucas was happy when he found his passport.
- **9** Emi did something too fast.
- 10 Emi got the lost item back safely without any problems.

B Complete each sentence with one or two words from the article.

1	Darius was in the on his own.
2	Alice wanted to use her phone to
3	Alice's was driving the car.
4	Lucas and his friends were in Tijuana for one
5	Emi looked for her wallet when she was in theof the airport.
6	Emi asked for help at the
	omplete the plans with the name of a writer om Ex 5.
1	Next time, is going to put everything in their car before they help others.
2	Next time, is going to carefully check their bag when they can't find something.
3	Next time, is going to check they have everything at the end of a flight.
4	Next time, is going to take off one

important thing before going swimming.

Travelling abroad: lost and (sometimes) found

Losing something on holiday is never fun. Here, four people tell us their stories about losing something abroad.

A Darius

One morning, on holiday with my wife, I went down to the pool alone.

While I was swimming, I saw that my wedding ring wasn't on my finger.

It was in the water! I asked people around me to look for it but none of us could find it. I was afraid to tell my wife, but she was fine about it. She bought me a new ring when we got home.

B Alice

My family and I were staying at a house in Florida. One morning, I put my phone on top of the car while I was putting my youngest child in his car seat. Then I got into the car and we drove off. Later, I wanted to take photos, but I couldn't find my phone anywhere. I looked in every bag, but it wasn't there! We found it when my husband drove over it. He was parking the car in front of our house and he didn't see it. It was completely broken. I was very upset about it at the time, but we can all laugh about it now.

C Lucas

I was in Mexico with some friends.

We had a fantastic week in Tijuana.

On our last day, we left the hotel and got in the car to go home.

When we got to security at the border between Mexico and the USA, I couldn't find my passport. We went back to the hotel, but it wasn't there. I couldn't believe it! My friends had jobs to go to so they went home. I went to the US Embassy in Tijuana to get a new passport. It took two days. I wasn't pleased, but I felt worse when I got home and found my lost passport at the bottom of my bag.

Emi

I was so excited when I landed in Paris that I got off the plane very quickly. In the arrivals hall, I saw that my purse wasn't in my bag. It was on my seat on the plane! I went to the airline desk and told them the problem. After an hour, someone brought me my purse. I was very pleased!

actions

1 A 🖃 Choose the correct word to complete the sentences.

1 We should maideas.	ıke a	of all these god	bc
a look	b note	c gift	
2 It's kind to	the	door open for peo	ple.
a hold	b carry	c take	
3 I'll	your suitcas	e to the car for you	J.
a carry	b hold	c make	
4 I always	my son	's hand when we'r	e out
a bring	b carry	c hold	
5 Let's take a	at t	he new art shop.	
a hold	b look	c time	
6 Here, I've	you a	ll some coffee.	
a held	b taken	c brought	

B Complete the email with the words in the box.

answered (x2) brought cancelled carried made take

Sorry I didn't reply earlier. As you know, I'm a PA and I've had a really busy day. I didn't even have time to a break. My manager wasn't feeling well, so I² all her appointments for the day. Then I 3 all her emails. Next, I went out and back some flowers for her. I ⁵ tray with some soup to her office for lunch and then I lots of new appointments for her for the next week. During all that time, I 7 the phone when it rang. And it rang a lot!

How to ...

make and accept offers

- 2 A 2.05 | Listen to the conversations (1-3). Choose the correct option (a or b).
 - 1 The girl offers to help her friend
 - a clean the house.
 - **b** do her homework.
 - 2 The woman offers to
 - a cancel the man's appointment.
 - **b** change the man's appointment.
 - 3 The man offers to talk to
 - a another student.
 - **b** a colleague about her work.

- B 2.06 | Put the words in the correct order to make sentences. Then listen and check.
 - 1 to help / want me / you? / you / Do
 - 2 great. / Yes, / would be / please. / That
 - 3 do / I / washing up. / can / the
 - 4 these cups / put / kitchen. / I'll / in the / all
 - 5 it? / want me / you / cancel / Do / to
 - 6 the one / book / the 24th? Shall / on / I
 - 7 email you / want me / the information? / Do / to / you
 - 8 I'm / you, / OK. / Thank / but
 - 9 her? / I / talk / Shall / to
 - 10 you. / of / That's / kind
 - 11 talk to / Let / first. / him / me
- 12 a / help. / great / OK, / that's

PRONUNCIATION

- 2.07 | intonation in offers | Listen and choose the offers that sound polite.
 - 1 Let me carry your bags for you.
 - 2 Shall I open a window?
 - **3** I can take you to work.
 - 4 Do you want us to help you?
 - 5 Let me answer the email.
 - 6 I'll hold the door open.

SPEAKING

4A Complete the conversation with the words in the box.

bu	ıt	can	good	let	go	shall	want	
	-	sister orrov		r chi	ldren	are co	ming fo	r dinner
B: (Ͻh,	right	. 1		l co	ok som	ne pasta	for us all?
A: 7	Γha	t wou	ıld be g	reat.				
B: I	2		ma	ke a	cake	, too.		
			on cake		you.	Lucas	and Car	la love
B: I	kno	ow!						
			ng we n		he su	ıperma	rket late	er and get
B: [Do y	/ou ⁵		n	ne to	come	with you	ı?
	Tha a lot		u, ⁶		l'n	n OK. I	don't ne	eed to get
		ne ca		come	with	ı you. I	can carr	ry the bags
A: (DK.	That	's fine v	vith r	ne!			

- B 2.08 | Listen and check.
- C 2.09 | You are B in Ex 4A. Listen and speak after the beep. Record the conversation if you can.
- **D** Listen to your recording and compare it to Ex 4B.



Lesson 2D

GRAMMAR | all, some, both, none of them **READING** | managing stress

GRAMMAR

all, some, both, none of them

- Match the sentence beginnings (1–6) with the endings (a–f).
 - 1 I want to speak to Nina and Sharif, but
 - 2 We invited all our friends for dinner, but
 - 3 Our manager asked the team to work late and
 - 4 We planted some pretty flowers and
 - **5** I went on holiday alone because
 - 6 She laughed when she saw her two children because
 - a all of us agreed.
 - **b** two of them couldn't come.
 - c one of them had pen all over his face!
 - **d** none of my friends could afford the trip.
 - e both of them are away.
 - f most of them are still alive.

2	Complete the	sentences with one v	word in each gap.
---	--------------	----------------------	-------------------

1	We wanted to get a coffee, but of us had any money.
2	I've got two brothers of them are older than me. I'm the youngest.
3	Most of our meetings are online. Two of are in the office.
4	Please be on time. Some ofusually come early, but most of you are late!
5	Most ofpeople in my family live around here.
6	We want to have fun and enjoy the weekend. Every one of us.

READING

- 3 A Read the article. How many suggestions does it make for managing stress?
 - a three b five c seven
 - **B** Read the article again. Choose the correct words to complete the sentences.
 - 1 The writer says everyday stressful situations are small / big.
 - 2 She suggests we can always / sometimes leave a stressful situation.
 - 3 She suggests turning off phones / leaving phones in another room.
 - 4 We should exercise regularly / when we're stressed.
 - 5 She says that it's **bad** / **good** to forget the time when doing a hobby.
 - 6 She suggests talking / not talking about our stress.
 - 7 She says we always / don't always need to talk to friends and family.
 - 8 She believes different / the same ideas help different people.

4 Complete each sentence with one word from the article.

1	The writer says it's stressful when you can't talk to
	a person at the bank.
2	The writer says that university students can't just
	leave a
3	The writer suggests that for exercise, we should
	every day.
4	The writer believes that a hobby can help to
	off stress.

5 The writer suggests we meet new people by finding a _____ to join.

What to do when you're stressed



Most days, we find ourselves in a stressful situation. Maybe we're late for work and every traffic light on the road turns red. Or we have a question about our bank account, but we can't seem to speak to a real person when we call. These are not huge problems, but when lots of things like this happen together, they can feel huge and we become really stressed. So, what should we do?

When we're in a really stressful situation, we can walk away and go to a different place. It's not always possible, of course. We can't always walk out of a business meeting or a university lecture. But these days, we use our phones or computers a lot to communicate with people for work or with friends and family. When the stress is coming from our phones and computers – maybe someone keeps emailing us or calling us or we can't get an app to work – we can switch them off. That's similar to leaving a room.

Regular exercise is good for stress. This doesn't mean we have to get up and run fast and far. A walk is enough to help us clear our heads. It's also really good for our general health, too, so we should all make time for a daily walk in our lives. We should also try to do something we enjoy every day. Baking? Video games? Drawing? It doesn't matter what it is. When we focus on something we like, we forget about the time. That's often good for us. It can help to switch off some of our stress.

Perhaps the most important thing is to talk to other people about how we feel. When we hold our stress inside, it can make us feel worse. Talk to friends, family, a doctor or join a club and meet new people and talk to them.

Stress is a part of life, but there are different ways to manage it. We just need to find what works for us.

GRAMMAR

1 A Put the words in the correct order to make questions.

- 1 this T-shirt / much / cost / does / How
- 2 sort of / you / What / do / work / do?
- 3 parents / Where / today / your / are
- 4 from here? / is / How / your house / far
- 5 here? / you / Do / sit / want to
- 6 ideas? / have / you / Do / good / any

B Use the prompts to make questions.

- 1 What / be / your date of birth?
- 2 you / like / this song?
- 3 How many bikes / Leo / have?
- 4 Tom and Luke / brothers?
- 5 What kind / videos / you / like?
- 6 How old / your cat?

2 Choose the correct words to complete the text.

My sister and I are very different but we're good friends. Kerry ¹is living / lives in Australia at the moment. She ²'s working / works at a technology company there for a few months. I don't understand what she does exactly, but she ³'s liking / likes it. She ⁴'s working / works too much in every job she does, but her pay is always good. She ⁵'s enjoying / enjoys sport and she 6's playing / plays a lot of beach volleyball these days.

As for me, I'm still in the same house I grew up in! I'm an actor. I love my job, too, but I 'm not working / don't work every day and I don't make a lot of money.

3 Complete the sentences with the correct form of the verbs in the box.

	do	go	have	join	make	swim	travel	work
1	Ιlο	ve		ou	t with fr	iends o	n a Frid	ay night.
2	I do	on't r	mind		at th	ne shop	on Satu	ırdays.
3	Ale	ex wo	uld lov	'e		around	India.	
4	We	real	ly enjo	y		our owr	n pizzas.	
5		on't k shing		nyone	who lik	es	t	he
6	Dir	nah lo	oves		in th	ne sea.		
7	ľd	hate		a	a job in a	an office	e.	
8	Pai	ul lik	es		differe	ent spor	ts clubs	5.

4 Correct the underlined mistake in each sentence.

- 1 A bird tried to take my ice cream while I was eat it.
- 2 When I was waking up, it was raining hard.
- **3** I stopped and <u>watch</u> the cats while they were playing.
- 4 We were waiting at the airport while you called.
- 5 It was 6 a.m. and people was starting to wake up.
- 6 I made my partner's breakfast while she <u>getting</u> dressed.
- 7 We were watching TV when suddenly everything was going dark.
- 8 I still slept at 8 a.m. this morning when my sister arrived.

5 Complete the article with the or no article (-).

-		- 5						
	et			0		C	P	6
			ш	U	Д			0

Tortoises can make great pets, because they're quiet and don't need a lot of care. They don't need to go out for a walk in 1 mornings and in 2 evenings and you don't need to feed them very often. Just give them 3 plants that they can eat when they want. Tortoises, like 4 other pets, help you to feel better when you're stressed. But there are some important things to think about. First, think about 5 type of tortoise you want to have. Red-footed tortoises from 6 South America are very popular and make good pets, and so do Indian Star tortoises. Then, you need to think about the tortoise's home. Tortoises need fresh air and 7 sunlight. They need 8 water, plants and interesting things to look at and touch, like rocks. Also, 9 tortoises like to make holes in 10 ground and try to go under things. All of this means that they should be outside as much as possible.					

6 Choose the correct word or phrase to complete the sentences.

1	I There are twenty chairs in the classroom, but them are broken, so not everyone can						
	sit down.	are oroner, so rioc	ever your carr				
	a none of	b some of	c lots				
2	I've got two child	Iren and	sing well.				
	a both of them	b all of them	c none of them				
3	I spend	of my time at ho	me, but not all.				
	a most	b none	c both				
4	You t	o listen to me!					
	a all need	b all of you need	c need all				
5	The roads are but moving.	sy today, but	cars are				
	a all of	b some the	c most				
6	I've got four nep	hews and	are really tall!				
	a some them	b all of them	c none of they				

7 Complete the phrases with a verb. The first letter is given.

1	W	up at 7 a.m.
2	S	the window when it's cold
3	b	your teeth before you go to bed
4	p	your clothes into a suitcase
5	S	the light on when it's dark
6	p	something away in a cupboard
7	L	the door with a key
8	d	your hair after you wash it
9	j	a gym or sports club
10		your family when you're away
	from home	

8 Choose the correct words to complete the blog.

Some people have a 'career / work where they do the same kind of thing their whole lives. Not me! I've had a lot of different jobs. First, I was a ²**cleaner / factory worker**. I put things into boxes at a food company. While I was on holiday with some friends, I got talking to the manager of our hotel and he 'developed / offered me a job as a tour guide. It was my 4job / work to show English-speaking tourists around the area. After a few years, I came home and became a **⁵dentist / PA** to the manager of a big company. The 'interview / pay was really good so I had quite a lot of money, but the hours were terrible. I left to ⁷**develop / sign** my own business. I'm the *author / dancer of a baking blog, because baking has been my hobby for years. But it's not easy to make money from a blog so now I want to study more about business. In fact, a university 'developed / offered me a place on a course last week!

9 Match the descriptions (1–6) with the feelings (a–f).

- 1 want to know more
- 2 not pleased
- **3** worried; can't relax
- 4 sure about something
- 5 scared and not safe
- 6 sad because you're alone
- **a** stressed
- **b** afraid
- **c** lonely
- **d** unhappy
- e interested
- f confident

10 Complete the groups with the animals in the box.

		butterf rat wl	-		crocodile
sma	ll anim	als with	a tai	l:	
					J
inse	cts wit	h wings:			
anin	nals wit	th feathe	ers:		
anin	nals tha	at live in	wate	er:	

11 Choose the correct words to complete the sentences.

- 1 My plane's going to be late. There's a 45-minute delay / flight.
- 2 There were no direct flights from London to San Antonio so we changed / flew out in Houston.
- 3 When we went through passport control / security, we had to take off our coats and shoes.
- 4 We printed our **boarding passes** / **customs** before we got to the airport.
- 5 Our flight boarded / landed a short time ago. We're in the arrivals hall now.
- 6 Let's go to the check-in desk / departure lounge and get something to eat.
- 7 Our suitcases should be in baggage reclaim / passport control by now.
- 8 Her plane's due to arrive / flew out in about twenty minutes.

12 Complete the email with the words in the box.

answer (x2) bring cancel carry make (x2)

Ryan,						
	to our Leeds office later. I'm s morning. Could you do the ou!		ngs			
• 1	all of my meetings this af	ternoor	٦.			
Buy a train ticket and ² a reservation for a hotel room in Leeds for tonight.						
	an appointment with Anr for tomorrow at 9 a.m.	na at oi	ur			
	or 12 p.m. and get someone my suitcase down at that					
• 5	a look at my emails and ⁶	5				
any you can.	•					
• 7	any calls that come throu	ıgh to r	ny			
desk.						
• 8at 11 a.m. I'll r	me a coffee just before m need it!	ny meet	ing			
 Get a coffee 	for yourself and make sure	you				

a break!